

THIS WEB CONFERENCE WILL BEGIN SOON



## Talking About the Past to Change the Future

Engaging Communities and Preventing  
Intergenerational Cycles of Abuse  
Through Storytelling

Monday, December 14th 2020  
10:00am-11:30am PST



**CALCASA**  
CALIFORNIA COALITION  
AGAINST SEXUAL ASSAULT



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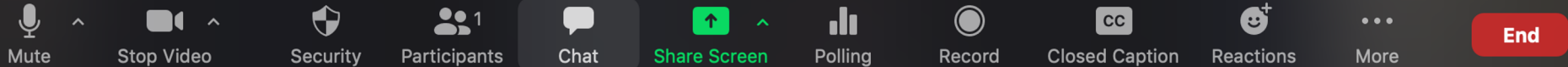
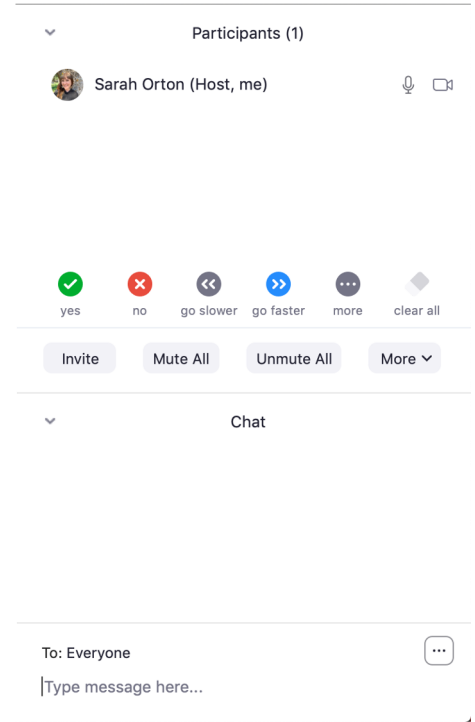
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# HOW TO USE ZOOM

- ▶ Text chat
- ▶ PowerPoint Slides
- ▶ Polling Questions
- ▶ Phone
- ▶ Closed Captioning
- ▶ Web Conference Guidelines (hand raising)



# ON THIS WEB CONFERENCE



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# LEARNING OBJECTIVES

- Explain how storytelling and film can be instrumental in having challenging discussions about intergenerational cycles of violence to prevent future violence.
- Identify trauma-informed strategies to implementing and adapting storytelling tools to engage communities in shifting narratives about gendered violence
- List strategies to overcome barriers and identify ethical considerations to utilizing storytelling as a prevention mechanism.

## OVERVIEW:

- My Story
  - Breakout Activity
- Intergenerational Trauma
- Personal Storytelling and Social Change
  - Digital Storytelling Process: An Overview
- Engaging and Supporting our Communities
  - Adapting Storytelling Activities in a Pandemic
- Ethical Considerations and Overcoming Challenges
- Q/A

# TRAUMA-INFORMED WARNING

This content may impact you and could trigger feelings of concern, emotions, and/or a physical response.

Please take care of yourself:

- Step away if you need
- Turn down sound
- Reach out for support





# Audience Poll

The poll question will appear  
on your zoom window


**Have you used storytelling  
and/or film in any format or  
capacity in your prevention  
efforts?**

# Audience Poll

The poll question will appear on your zoom window

Have you attended any previous storytelling workshops or webinars facilitated within the social justice movement?

## Audience Chat Question



Please share why you  
want to deepen your  
knowledge about  
storytelling?

“Stories move in circles. They don’t move in straight lines. So it helps if you listen in circles. There are stories inside stories and stories between stories, and finding your way through them is as easy and as hard as finding your way home. And part of the finding is getting lost. And when you’re lost, you start to look around and listen.”

—Corey Fischer, Albert Greenberg, and Naomi Newman  
A Travelling Jewish Theatre from Coming from a Great Distance  
Excerpted from Writing for Your Life by Deena Metzger

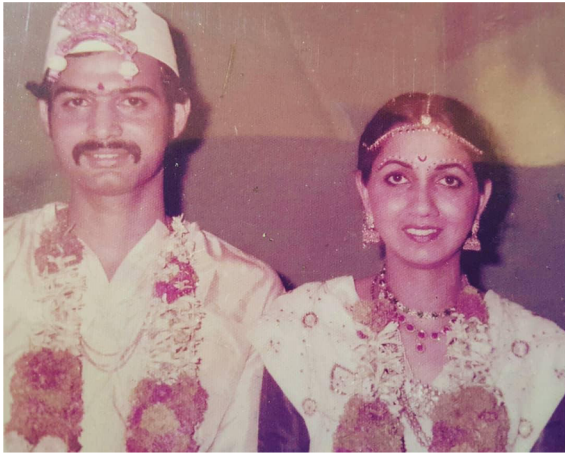
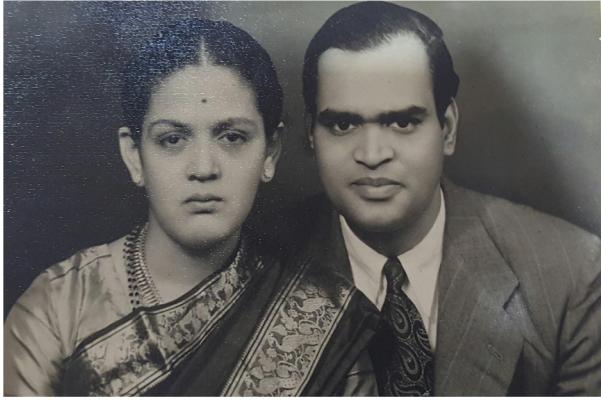
[Digital Storytelling Cookbook](#) (StoryCenter, 2010)

# What is “Storytelling”

- True & personal narratives
- Lived experiences
- First-Person



# My Story



# Who am I? Activity: BREAKOUT ROOMS



# Storytelling Icebreaker Prep

- Make sure you're in a quiet space, free of distractions
- Have a notebook and pen nearby
- Sharing is optional but encouraged
- Be present and deeply listen
- Positive affirmations are welcome
- What is shared here stays within the breakout rooms
- The breakout room sessions are not recorded

# Respond to this Prompt:

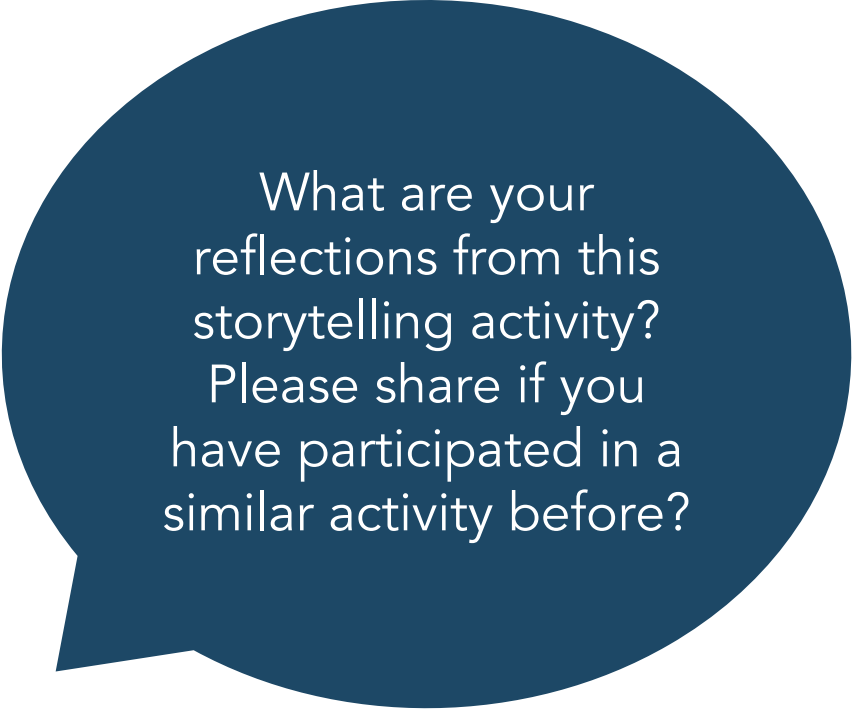
Write a statement about yourself starting with:

- I am...\_\_\_\_\_ ,
- I come from... \_\_\_\_\_ and
- I come as a....\_\_\_\_\_.

*(e.g: place, or sight, sound, or smell/ aroma, family, community, ethnicity, race, gender, identity, role etc.)*

- Total Breakout Room Activity [15 minutes]  
**5 mins prep+10 mins sharing time**

## Audience Chat Question



What are your reflections from this storytelling activity?  
Please share if you have participated in a similar activity before?

# Intergenerational Trauma

# Intergenerational Trauma

- “when trauma is not resolved”
- “when trauma is subsequently internalized”
- “when passed on from one generation to another”
  
- present trauma versus intergenerational trauma

Intergenerational Trauma [Saskatchewan Polytechnic, 2018]

# Intergenerational Cycles of Violence

- May look different for everyone
- Complexities and Nuances
- Shame and stigma
- Cultural values and perceptions
- Forgiveness & Reconciliation:
  - may not apply to many families/survivors



# Mapping Our Roles in a Social Change Ecosystem (2020)



Deepa Iyer, Solidarityls and Building Movement Project

 @deepaviyer

 @BuildingMovementProject

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cles of Abuse Through Storytelling

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# Stories of Home Dear Aayee...

a digital film

<https://www.youtube.com/watch?v=NRlgE5R2DE4>





## Audience Chat Question



Please share your reflections about this story.

# Personal Storytelling & Social Change

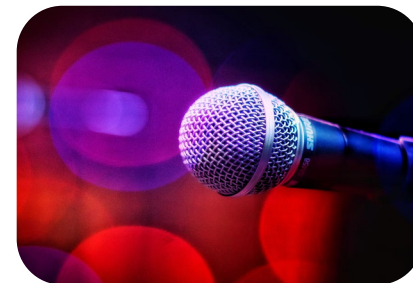
# Benefits of Sharing Stories



Increases Empathy  
Community Building  
Skill-building tools

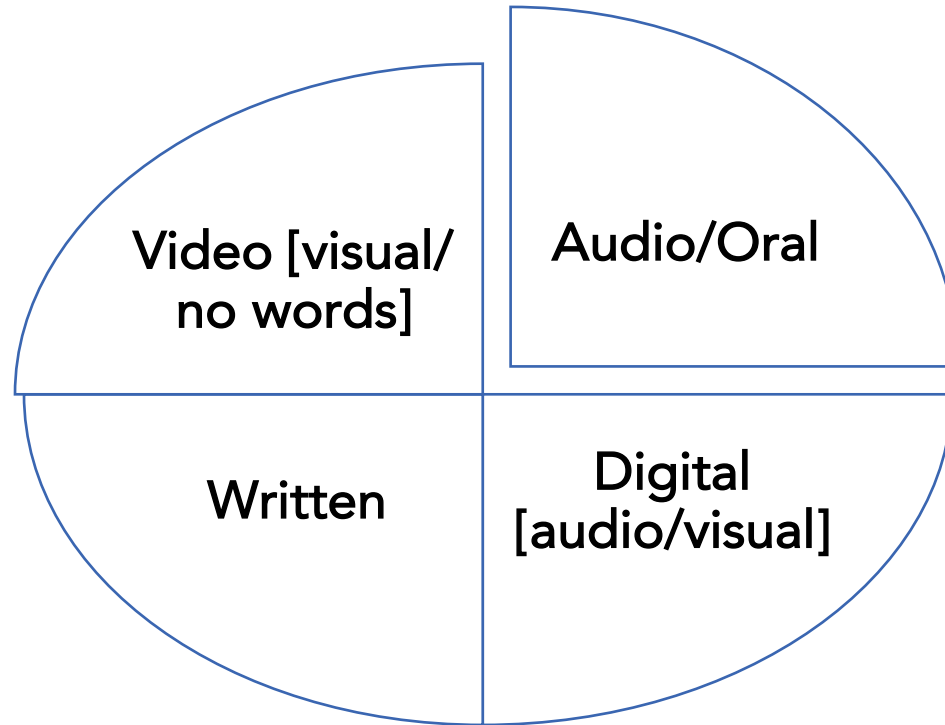


Physical & Mental Health  
Improves well-being  
Sensitize to social problems



Finding your own voice  
Reaffirming your values  
Take action for change  
Influence public policy

# Types of Storytelling

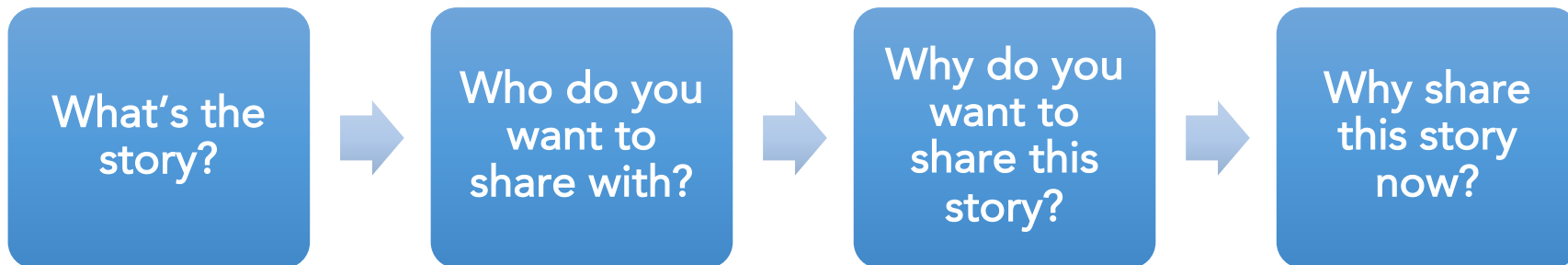


# Digital Storytelling

# Digital Storytelling



**Digital Storytelling:** “A short, first-person video-narrative created by combining recorded voice, still and moving images, and music or other sounds.”



# Storytelling GUIDE & RESOURCE SHEET:

## Our Checklist:

- Prepare and Find your Story
- Write a Story
- Finalize a story script
- Identify Materials or Platform
- Create a Storyboard [if digital]
- Edit and Finalize Video [if digital]
- Send to trusted folks for review [optional]
- Decide if and how you wish to share [optional]

# Story Circles






# I guess I don't hate blueberries a digital film

<https://www.youtube.com/watch?v=1Mj4sQTyMWw&list=PL2zMrq22-Y2t-vKELM2K5jdxzwej54cmF&index=6>

## Audience Chat Question

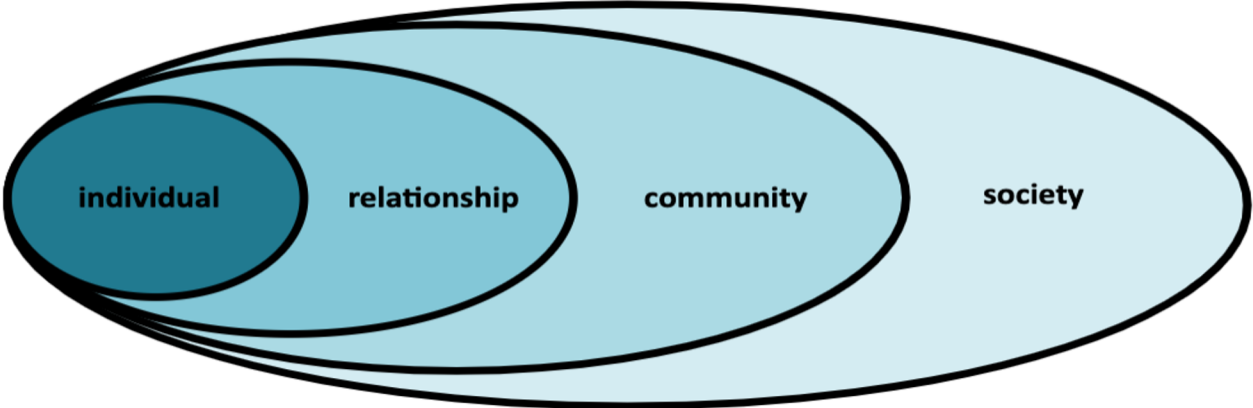


Please share your affirmations for the storyteller and/or reflections?

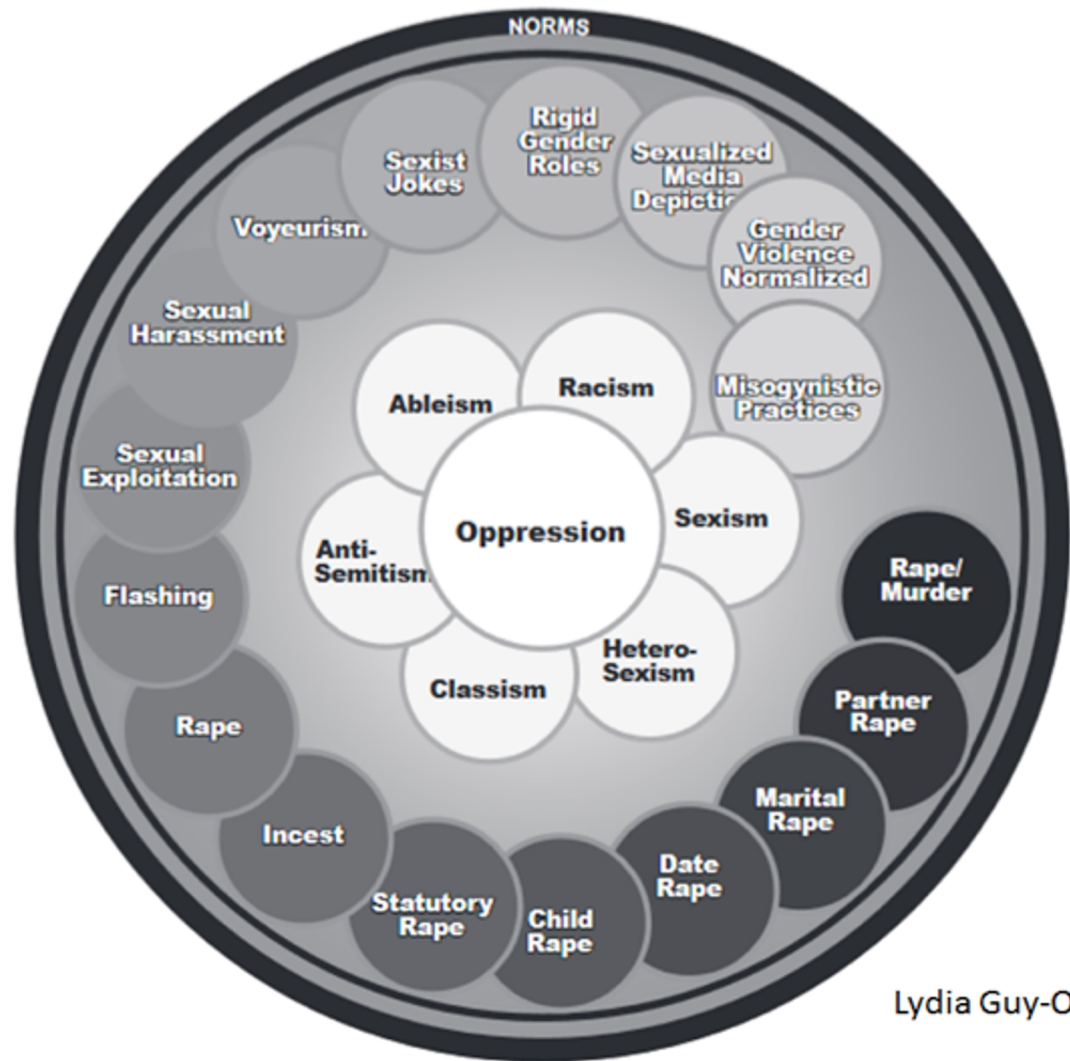
# Engaging & Supporting Our Communities

# Comprehensive Prevention Approach

## SOCIO-ECOLOGICAL MODEL



NSVRC, Primary Prevention Primer



Darker = what is typically seen, noticed, taken seriously

Lighter = what is typically unseen, hidden, not taken as seriously



# What's the purpose of using storytelling?



COMMUNITY DIALOGUE  
BREAKING SILENCE

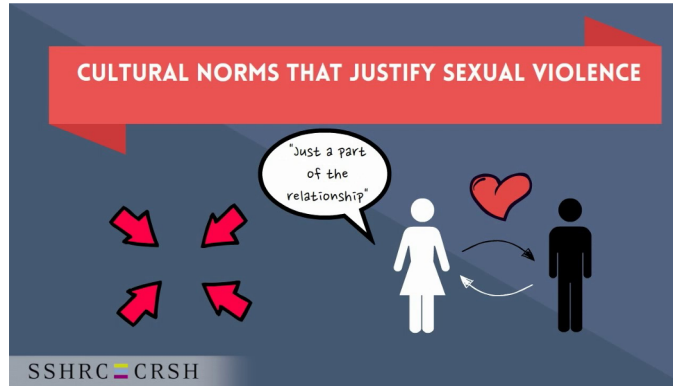


MOVEMENT-BUILDING  
COMMUNITY-BUILDING



INTERGENERATIONAL AWARENESS  
COMMUNITY VISION

# What Narratives Do You Want to Shift?





# Who is your priority audience?



**OUR ELDER  
PARENTS & FAMILIES  
MALE-IDENTIFIED TRUSTED ADULTS**



**YOUTH  
TEENS**



**PREVENTION EDUCATORS  
ADVOCATES**

**CULTURALLY RESPONSIVE  
AGENCIES**

# Adapting Storytelling Activities

# Adapting the art of Storytelling:



- Breaking down story writing activities using positive or neutral-triggering prompts like:

*What was growing up as a child in your city/community like?*

*What is your first memory of attending school?*

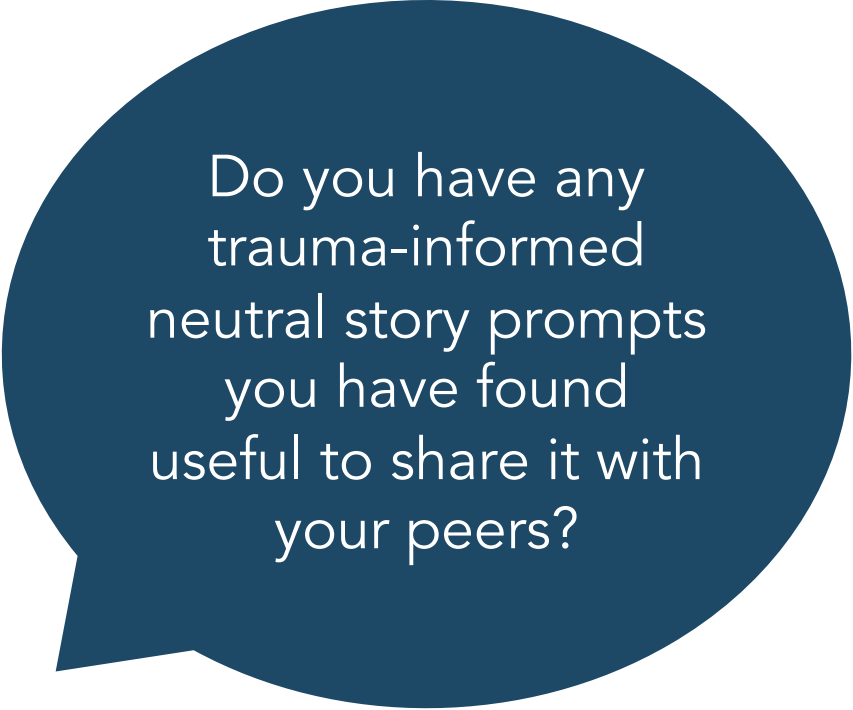
*What was your first experience of leaving home like?*

*Do you remember a time when you were told by someone you inspired them or your action/ gesture made their day?*

*If you had to write a short letter to your younger self describing their strengths or awesomeness...*

\*\*Li, Cun et al. 'Facilitating Intergenerational Storytelling for Older Adults in the Nursing Home: A Case Study'. 1 Jan. 2020 : 153 – 177.

## Audience Chat Question

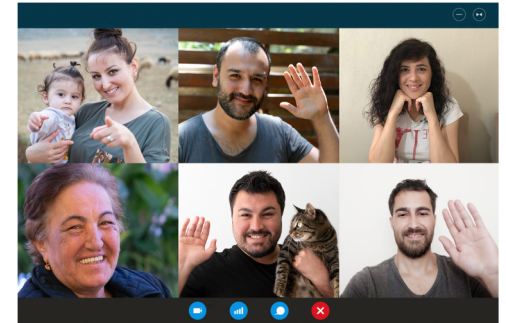


Do you have any  
trauma-informed  
neutral story prompts  
you have found  
useful to share it with  
your peers?

# Storytelling may look like:

Trauma informed, accessible & affordable creative alternatives:

- Art work, Zines, Photo storyboard, Scrapbook, Audio voice overs, Oral history projects etc.
- Asking follow up questions: *why this photo?*  
*Remember what were you feeling?*



Culturally-relevant and language accessible:

- Using a language they feel most comfortable writing/ talking in?

# Storytelling may also look like...



It Happened WHEN i WAS 22

Artist: Chanel Miller

**STOP** STREET HARASSMENT



@cutecatalls

# Ethical Considerations & Overcoming Challenges

# Potential Hurdles



Trigger warnings  
Virtual disclosures  
Mandated reporting  
Limited emotional support capacity



Community readiness may change  
Storytellers' mind/ consent may change



Funding



Staffing & Resources



# Trauma-informed, Confidentiality & Consent



# Storytelling with Youth

- Inadvertent disclosure of abuse
- Know who is the mandated reporter
- Inform storytellers about:
  - who is required to report
  - limitations of mandated reporting
- Discuss the power & impact of stories
- Consequences of digital footprints
- Respect storytellers' choices

## Personal Narrative Art Creation and Best Practices for Mandatory Reporting

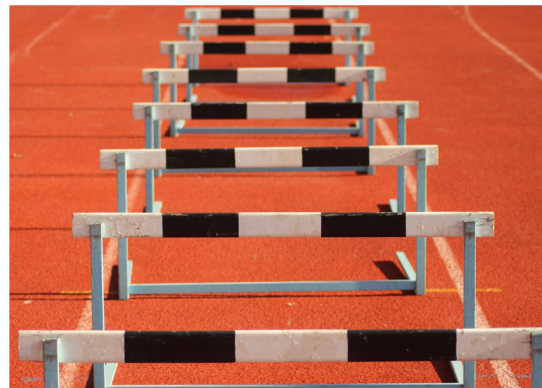
Creation of personal narrative art (art that tells a personal story) by both minors and adults could trigger a mandatory report of child abuse or neglect if it rises to the level of reasonable suspicion of abuse or neglect. Personal narrative art that could trigger a mandatory report would have to include enough information about the abuse and harm that a "reasonable person" in the mandatory reporter's position would think that abuse is occurring or occurred. Although a powerful therapeutic and healing tool, personal narrative art, whether written, spoken, visual, or multimedia, can also result in an inadvertent disclosure of abuse. Youth engaged in this form of art creation should be aware of the possibility of disclosure and how that could impact them. Consider the following when using personal narratives in art creation or in education programs.

- Know who is a mandated reporter for child abuse and neglect and make sure that participants know who is required to report abuse. Participants should know the limits to confidentiality before they begin developing and sharing personal narrative art.
- Have a discussion about the power of personal narratives and the impact that these narratives can have. Include a discussion about how sharing your story inspires others to disclose and share their story. This can be a lot to handle sometimes.
- Have a discussion about the consequences of creating personal narratives, including the digital footprint of creating art in these various formats and the long term nature of creating most forms of art.
- Instruct/describe various methods of creating art and narratives that may or may not engage in personal storytelling.
- Inform participants of how development of personal narratives art can trigger a mandatory report of child abuse and neglect. Discuss what a report could entail.



## Important Considerations:

- Storyteller & Community's readiness
- Trauma informed spaces
- Ethical practices and intentions
- Accessibility and Capacity
- Sustaining Community Engagement
- The bigger picture? Why storytelling?



# RESOURCES:

- StoryCenter: [www.storycenter.org](http://www.storycenter.org)
- Web Conference: [Storytelling Basics for Community Building](#) (CALCASA/ The Partnership)
- Web Conference: [Creating Stories for Gender Justice...](#) (PreventConnect/ CALCASA)
- [Our Collective Future Story Circle Guide](#) (ID Coalition Against Sexual and Domestic Violence)
- Story At Scale: <https://www.storyatscale.org/>
- [Write It Out: Using Words and Art to Strengthen and Heal Family Bonds](#) [Vermont Network]
- [Storytelling Webinar Series](#) [NSVRC/ StoryCenter]



QUESTIONS

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