THIS WEB CONFERENCE WILL BEGIN SOON

CALCASA
CALIFORNIA COALITION AGAINST SEXUAL ASSAULT

calcasa.org

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cpedv.org

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HOW TO USE ZOOM

- Text chat
- PowerPoint Slides
- Polling Questions
- Phone
- Closed Captioning
- Web Conference Guidelines

Closed Caption is available

Invite   Participants 3   Share Screen   Chat   Record   CC Closed Caption   Reactions

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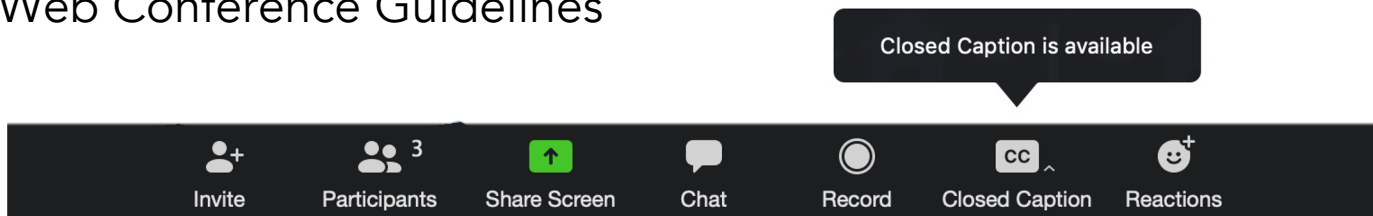
ON THIS WEB CONFERENCE

Jessica Merrill
Communications Manager
California Partnership to End Domestic Violence (the Partnership)
she/her/hers

Learning Objectives

- Describe why personal storytelling can be powerful tool for community building, prevention, or healing during and after a pandemic
- Identify how different modes of storytelling, especially in digital and written formats, can be used from our virtual and digital spaces
- List possible challenges and solutions while using storytelling in our online community building and prevention work
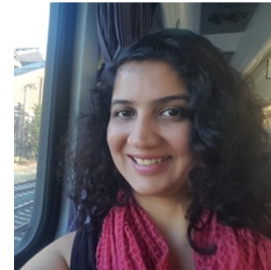
ON THIS WEB CONFERENCE

Amy Hill, MA
Silence Speaks Director
StoryCenter
she/her/hers

Meghna Bhat, PhD
Project Coordinator, Prevention
California Coalition Against Sexual
Assault (CALCASA)
she/her/hers

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Overview

- Storytelling Basics
- Digital Storytelling
- Written and/or Visual Storytelling
- Storytelling Activity
- Ethical Considerations
- Resources

Friendly Reminder

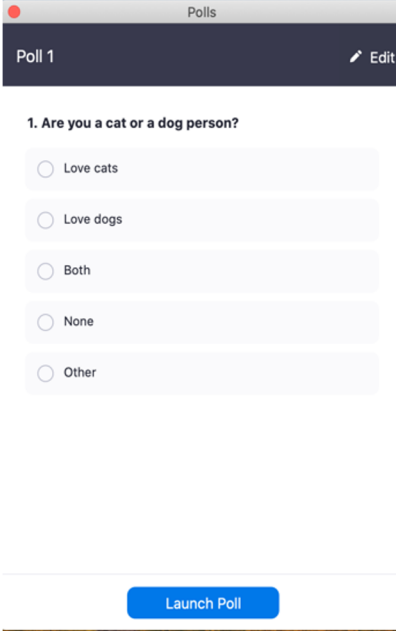The Unspoken Complexity Of self-Care
~ Deanna Zandt

SELF-CARE

Activities that help you find meaning, and that support your growth & groundedness

GOING TO THERAPY
MEDITATING
EXERCISE
TAKING OWNERSHIP OF YOUR FINANCES
NAPPING
GETTING MEDICAL CARE
saying YES and NO when you really mean it
YOGA
EATING WELL FOR YOUR BODY
MASSAGE
SETTING & KEEPING BOUNDARIES

@deannazandt

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AUDIENCE POLL:

Have you used storytelling of any form or capacity in your communities?

The Poll will appear on your Zoom window

Polls

Poll 1   ✏ Edit

1. Are you a cat or a dog person?

○ Love cats

○ Love dogs

○ Both

○ None

○ Other

Launch Poll

My Story

Storytelling Basics

Defining "Storytelling"

"Storytelling is the interactive art of using words and actions to reveal the elements and images of a story while encouraging the listener's imagination"

~ National Storytelling Network (NSN)

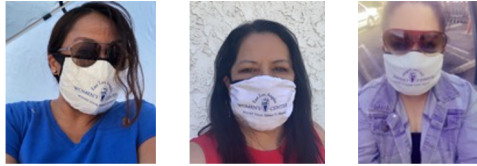# The value of "true personal stories"

Credit: Senorhorst Jahnsen

Credit: Wokandapix (pixabay.com)

Credit: kelly jennings [wallpaperflare.com]

Storytelling during COVID-19

Rebeca Melendez, Director of Wellness Programs at East LA Women's Center
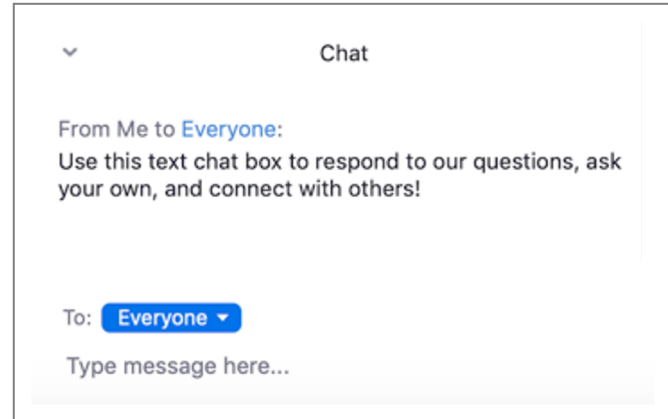
Alliance Against Family Violence and Sexual Assault

AUDIENCE CHAT QUESTION:

How do you envision using storytelling {sharing of true personal stories} in your work or communities?

Use the Text Chat feature to answer the question.

Chat

From Me to Everyone:
Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone ▼

Type message here...

What does storytelling look like?

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How can we share?

Video [visual/no words] | Audio/Oral | Written | Digital [audio/visual]
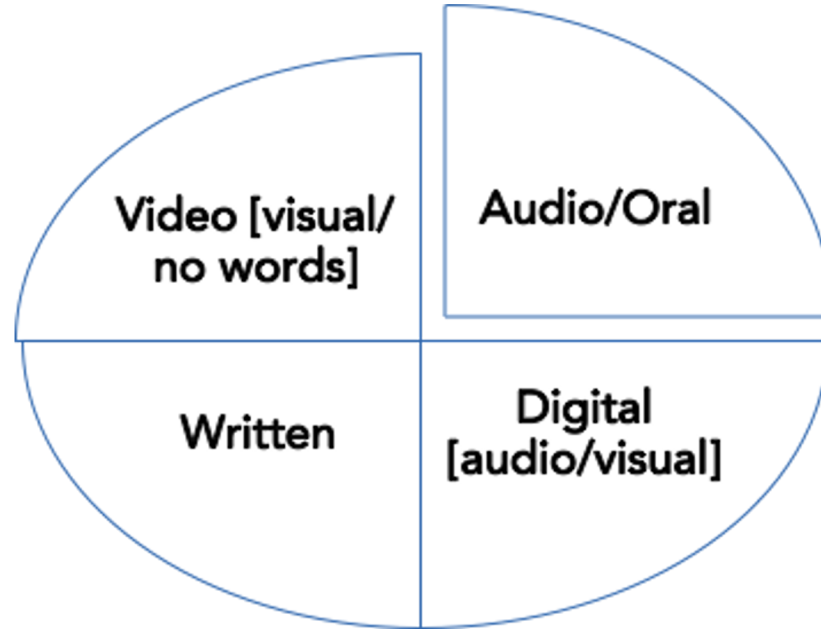
Digital Storytelling

Amy Hill, StoryCenter

Background on StoryCenter

- Developed original [digital storytelling model](#) in 1993, focusing on first-person stories
- Lengthy history of work with [community-based and institutional partners](#) globally
- Accessible to those with at all levels of experience as storytellers and video makers
- Methods easily adaptable for use in languages other than English or with low literacy groups

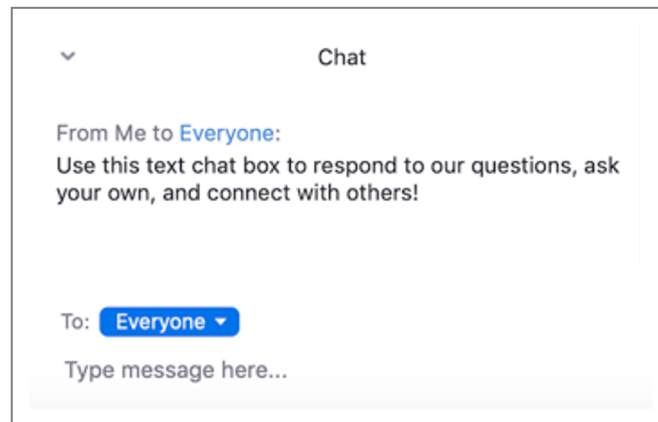STORYCENTER
LISTEN DEEPLY. TELL STORIES

VIEW STORY

I Am Enough

AUDIENCE CHAT QUESTION:

Feel free to share your words of affirmation for this storyteller

Use the Text Chat feature to answer the question.

Chat

From Me to Everyone:
Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone ▼

Type message here...

Rationale for Use in GBV Context

Research shows that telling and listening to personal stories can:
- Increase self-esteem and wellbeing
- Transmit important information and skills
- Help communities bond in solidarity
- Inspire people to take action for change
- Influence public policy and legislative decision-making

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Digital Storytelling Overview

- **Preparation Steps**: identifying and screening storytellers; developing story prompts
- **Finding Your Story:** view examples; Story Circle
- **Hearing Your Story:** scripting and recording
- **Seeing Your Story:** image collection and production
- **Bringing it Together:** video editing; story screening; identifying next steps …

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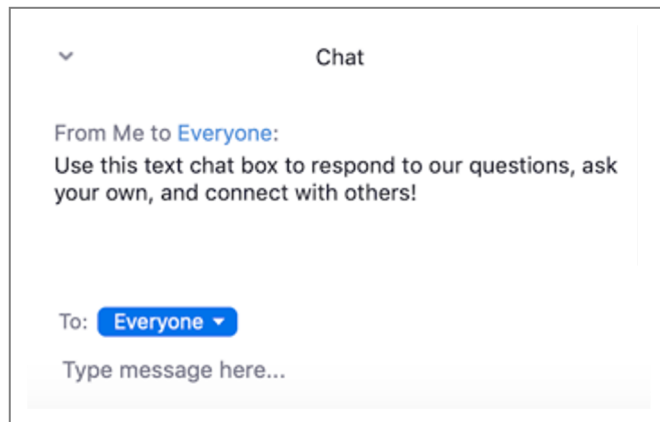Together, We're Stronger.

VIEW STORY

Embers

AUDIENCE CHAT QUESTION:

Feel free to share your words of affirmation for this storyteller

Use the Text Chat feature to answer the question.

Chat

From Me to Everyone:
Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone ▾

Type message here...

Digital Storytelling Outcomes

- Participants improve their ability to tell compelling personal stories and produce digital media
- Participants establish meaningful relationships and bond with each other in a cohort of support
- Participants become engaged and inspired as leaders and advocates
- Stories as tools for education and advocacy are created: videos; text stories; images

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Written & Visual Storytelling

www.stopstreetharassment.org

@StopStHarassmnt

Written Storytelling

STOP STREET HARASSMENT

"Every day when I go out on walks near the downtown area, someone makes a comment out of their car window at me. They honk their horn or yell out something about my body, like the fact that I'm out there is an invitation. One time someone called me a whore and threw water on me. It makes me feel disgusting and degraded that people treat me like this just for leaving the house in shorts."– Anonymous, USA

"I was walking home with both arms full of groceries and a man walking past me muttered some obscenities about me and licked his lips. I felt nervous and scared" - MP

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Written and Visual Storytelling

Artist: Zoe Stromberg

https://www.instagram.com/p/B_NYIr0BDUT/

Storytelling may also look like...

Artist: Chanel Miller

Storytelling Activity

BREAKOUT ROOMS

Preparing to Tell a Story

- A note about [StoryCenter's Storytelling Agreements](#)

- Make sure you're in a quiet space, free of distractions

- Have a notebook and pen nearby

- Somatic grounding activity: feeling your length, depth, and width

Responding to a Prompt:
Tell a Story About …

- a time when you found your strength, in challenging or responding to gender-based violence

- a moment when you felt vulnerable, and how this affected you

- a situation that made you felt hopeful about your community coming together during this pandemic

Group Sharing Process

- Meghna and Amy will each lead a breakout room

- Participants are invited to read their stories

- Space will be made for appreciations, comments, reflections, verbally and in the chat box

- Please stay on mute unless you raise your hand to speak

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Regroup and Sharing Stories

Ethical Considerations

Ethical Storytelling Facilitation

- Consider bringing in experienced practitioners
- Carefully screen and prepare storytelling participants
- Create a safe space: language, culture, accessibility
- Manage expectations appropriately: this is not therapy!
- Tread lightly in providing story feedback
- Ensure adequate follow up along the way

    StoryCenter's Guidelines for Ethical Practice

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Ethical Story Sharing

- Prepare storytellers for the experience of public sharing
- Make opportunities available to storytellers, to share
- Allow anonymity for storytellers, if desired
- Prepare audiences for the experience of story viewing (trigger warnings; managing expectations; clarity about objectives)
- Be ready to manage viewer feedback and facilitate safe and productive Q&A sessions

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Resources

StoryCenter Offerings

- [Free webinars and workshops](#) focused on COVID-19 storytelling (oral and written stories)

- Online digital storytelling workshops to produce short videos (some scholarships available)

- Collaborative projects in partnership with organizations and networks, including digital storytelling and other storytelling methods, strategic story distribution, integration of stories into curricular materials, and more!

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amylenita@storycenter.org
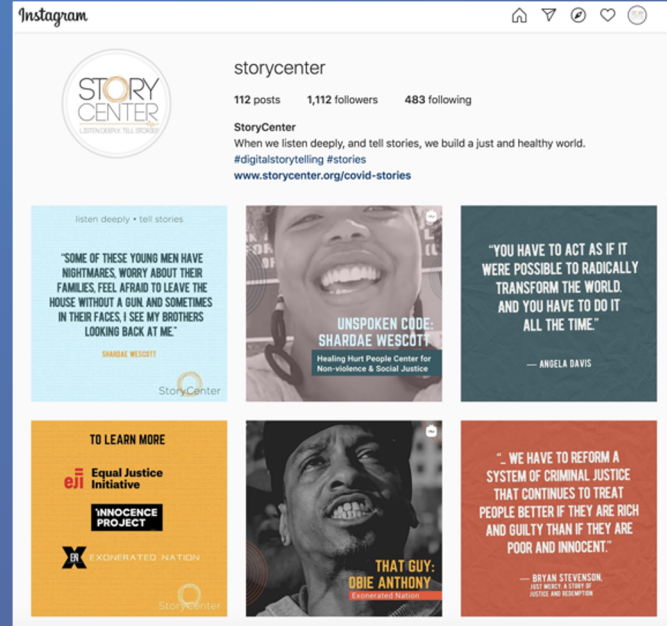
http://www.preventconnect.org/2020/06/creating-stories-for-gender-justice-a-narrative-and-culture-change-strategy-to-prevent-sexual-and-domestic-violence/

www.stopstreetharassment.org

@StopStHarassmnt

Resources and Tools

- PCAR- NSVRC & StoryCenter Webinar Series

- Idaho Coalition Our Collective Future Story Circle Guide

- Tamarack Institute Web Conference- "Circle: A Container for Hosting Conversations that Matter"

- Capital Storytelling [Oral Storytelling Virtual Workshops]