

THIS WEB CONFERENCE WILL BEGIN SOON

WEB CONFERENCE SERIES | SEEING SURVIVORS IN FAMILIAR SPACES

# IT IMPACTS US ALL

Sexual Assault 101

Tuesday, September 15  
10-11am (pt)



**CALCASA**  
CALIFORNIA COALITION  
AGAINST SEXUAL ASSAULT

CALCASA.org

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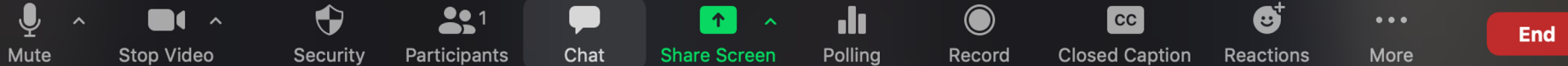
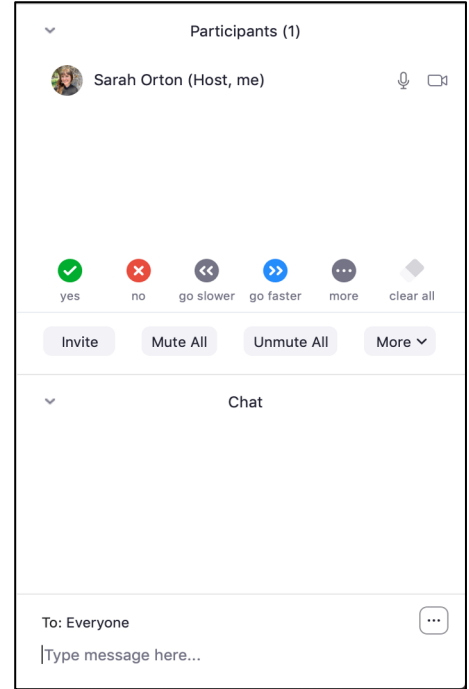
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This web conference is supported by funding awarded by Victims of Crime Act Victim Assistance Formula Grant Program and Services\*Training\*Officers\*Prosecutors (STOP) Violence Against Women Formula Grant Program funds (TE19-22-1578) through the California Governor's Office of Emergency Services (Cal OES). The opinions, findings, and conclusions in this publication are those of the author and not necessarily those of Cal OES. Cal OES reserves a royalty-free, nonexclusive, and irrevocable license to reproduce, publish, and use these materials and to authorize others to do so.

# HOW TO USE ZOOM

- ▶ Text chat
- ▶ PowerPoint Slides
- ▶ Polling Questions
- ▶ Phone
- ▶ Closed Captioning
- ▶ Web Conference Guidelines (hand raising)





# UPCOMING WEB CONFERENCES:

- 09/16** Children and Sexual Abuse: Working with Children and Youth Survivors
- 09/17** Sexual Violence and Supporting Immigrant Communities
- 09/22** How to Help: Referrals and Resources for Survivors of Sexual Violence
- 09/24** Essential and Vulnerable: Essential Workers and Sexual Violence
- 09/29** Dating App-Facilitated Assault: Dating Apps and Sexual Abuse

# MEET THE CALCASA TEAM



Shelby Phillips

Project and Communications  
Coordinator

she/her/hers

# PRESENTER:



**Emily Austin, JD**

Legal Consultant

CALCASA

she/her/hers

# Learning Objectives

- Define sexual assault and the continuum of sexual violence.
- Understand the myths and realities of sexual violence.
- Understand how to support survivors of sexual violence through referrals and resources.

# Trauma-Informed Care Warning

## BREAKOUT ROOM:

How have you interacted with survivors of sexual violence in your work?

# What is Sexual Assault?

Sexual assault is any type of sexual contact or behavior that occurs without the consent of the recipient. Sexual assault occurs when a person is forced, coerced, or manipulated into any unwanted sexual activity.



# Types of Sexual Violence and Assault





# Victim/Survivor/Target



# Prevalence of Sexual Violence

More than **1 in 3**

women experienced sexual violence involving physical contact during her lifetime.



Nearly **1 in 4**

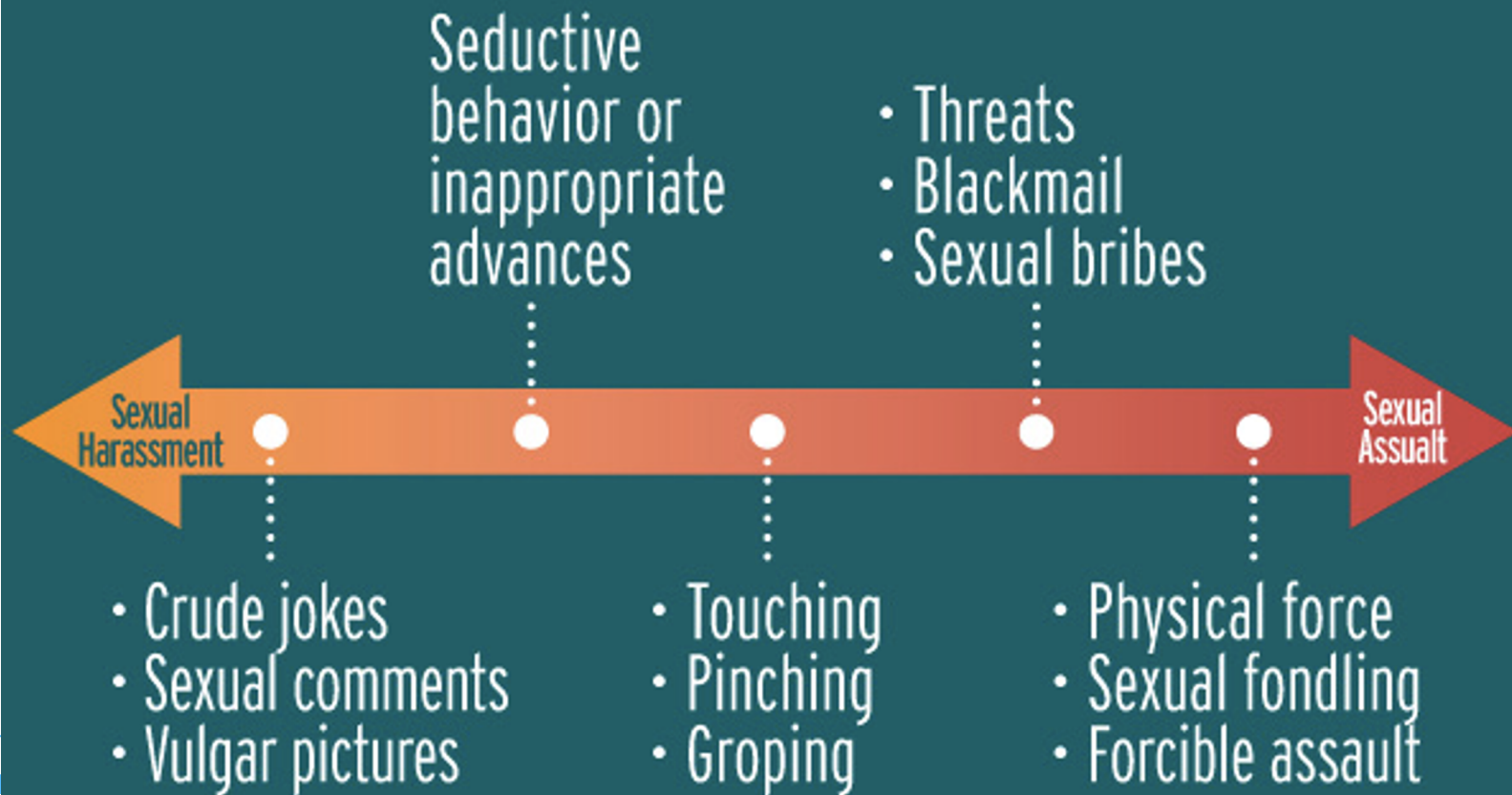
men experienced sexual violence involving physical contact during his lifetime.



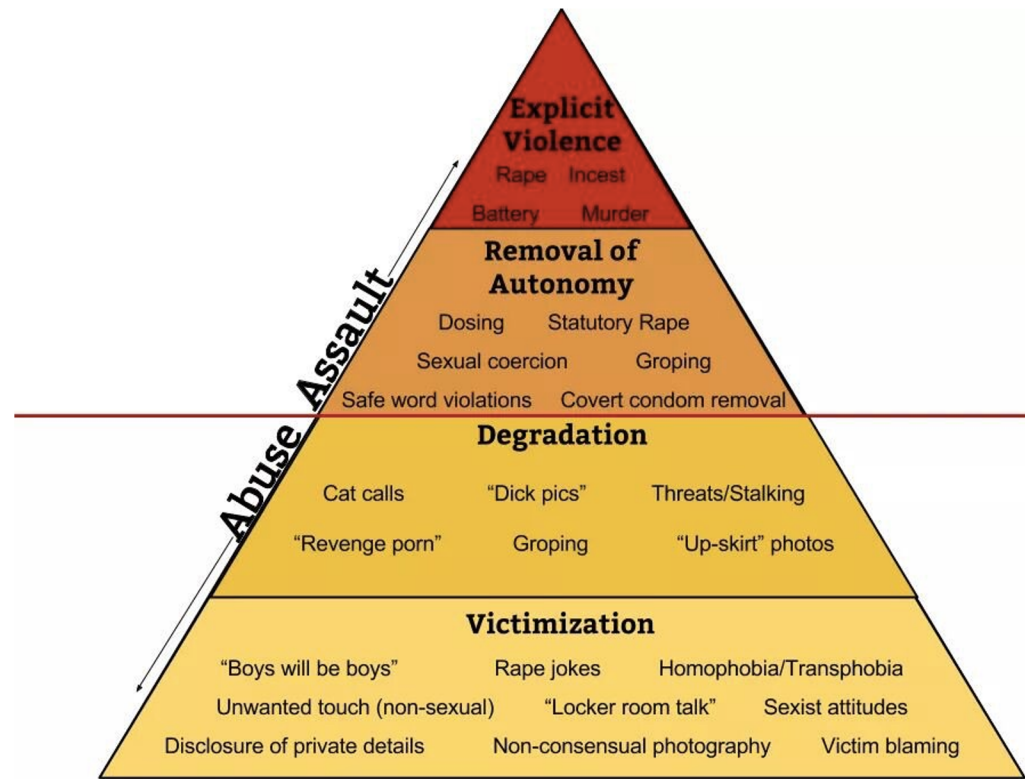
**Estimated Lifetime  
Cost of Rape**



# Continuum of Harm



# Rape Culture



## This is Rape Culture.

These are not isolated incidents. The attitudes and actions on the bottom tiers reinforce and excuse those on the upper. This is systematic.

**If this is to change, the culture must change.  
Start the conversation today.**

# Beyond Myths

**Fact:** Anyone can experience sexual violence—no matter their profession, gender, gender identity, sexual orientation, race, ethnicity, class, age, or ability.

**Fact:** Consent is a freely given, clearly stated “yes.” Silence is not consent. Being drunk or drugged and unable to understand or speak is not consent. Being passed out or unconscious is not consent.

**Fact:** Previous sexual conduct, including previous consent to sex, is not consent for sex right now. If she kissed you yesterday, that doesn’t mean she wants to kiss you today.

**Fact:** Rape is never the victim’s fault. It is a crime of violence and control that stems from the perpetrator’s determination to exercise power over another. Neither a person’s clothing or behavior are invitations for unwanted sexual activity. Forcing someone to engage in non-consensual sexual activity is rape, regardless of the way that person dresses or acts.

**Fact:** A person under the influence of drugs or alcohol can’t consent to sexual activity. If consent isn’t given, it is rape.

**Fact:** Most rapes are committed by someone the victim knows. For both completed and attempted rapes, about 8 in 10 offenders were known to the victim. Rape can be committed within any type of relationship, including in marriage, in dating relationships, or by classmates, acquaintances or co-workers.

# Consent

## Ongoing

Anyone can change their mind about what they're interested in doing, anytime.

## Freely given

Saying yes without pressure or manipulation.

## Specific

Saying yes to one act (i.e. kissing) doesn't mean you've said yes to others (i.e. oral sex).

**con • sent**

## Informed

Not deceiving or lying. For example, if someone says they'll use a condom and then they don't, there isn't full consent.

## Enthusiastic

It's about wanting to do something, not feeling like you have to or should do something.



# Three L's of Response

- Learn—Learn about sexual violence, prevalence, and impact
- Listen—Listen to the survivor, don't judge, be someone that is supportive and believes them
- Link—Link the survivor to community resources



# Learn about Sexual Violence

- Talk with experts (Rape crisis centers, CALCASA)
- Read information and fact sheets
- Ask questions





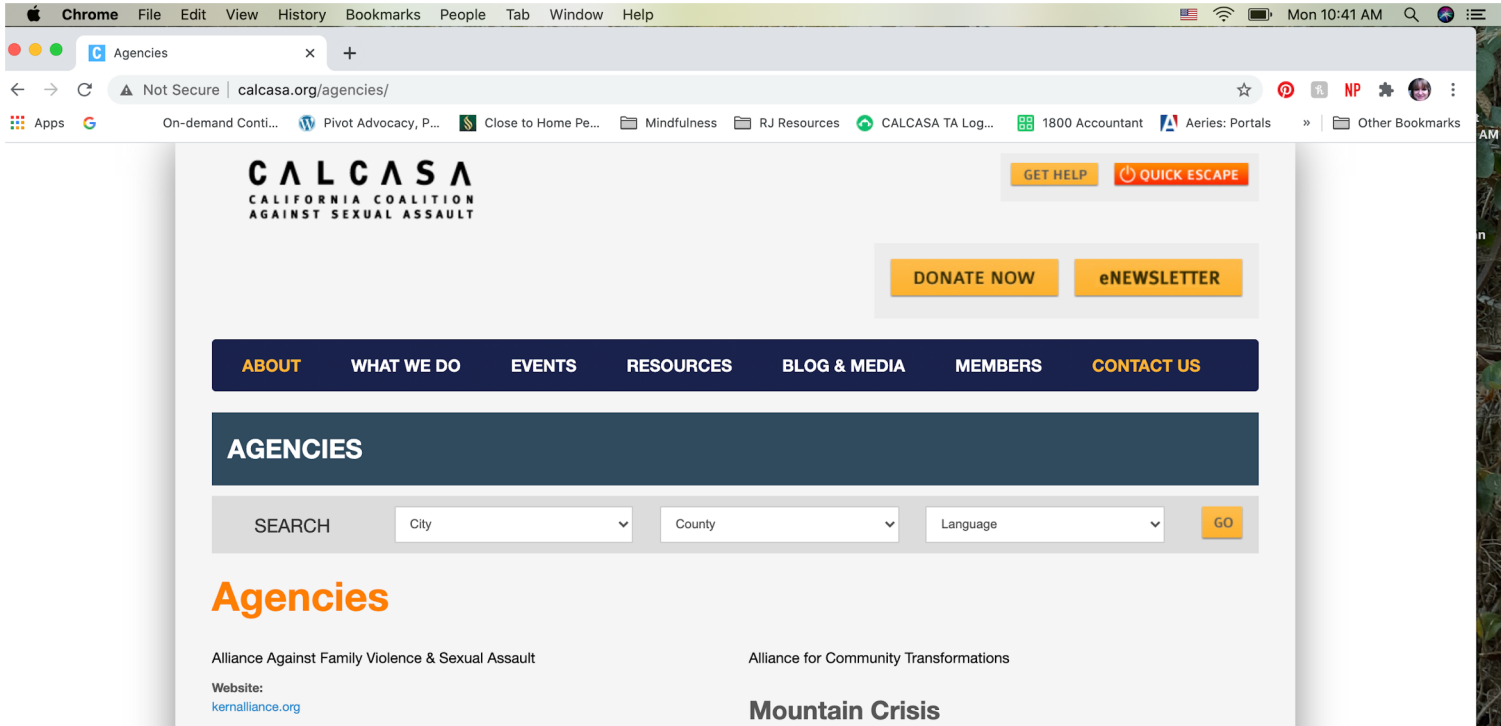
# Listen to the Survivor

- Listen without planning out what your response is – Be Present
- Don't interrupt
- Don't add your own experiences or make it about you
- Say: It is not your fault
- Say: What do you need? What do you want to do?



# Linking to Sexual Violence Resources

- Local Sexual Assault Agencies, <http://www.calcasa.org/agencies/> work on education, prevention and response to sexual violence across the continuum of harm



The screenshot shows a Chrome browser window displaying the CALCASA website. The address bar shows the URL <http://www.calcasa.org/agencies/>. The page features the CALCASA logo (California Coalition Against Sexual Assault) and navigation buttons for 'GET HELP' and 'QUICK ESCAPE'. Below the logo is a dark blue navigation bar with links for 'ABOUT', 'WHAT WE DO', 'EVENTS', 'RESOURCES', 'BLOG & MEDIA', 'MEMBERS', and 'CONTACT US'. A prominent 'AGENCIES' section includes a search bar with dropdown menus for 'City', 'County', and 'Language', and a 'GO' button. The page content lists agencies such as 'Alliance Against Family Violence & Sexual Assault' (with website [kernalliance.org](http://kernalliance.org)) and 'Alliance for Community Transformations' (with 'Mountain Crisis' listed below it). The CALCASA logo is also visible in the bottom right corner of the page.

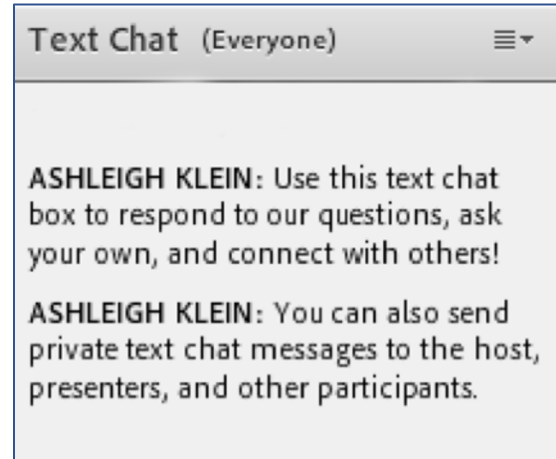
# Linking to Resources

- Link to a local advocate who can talk about options and consequences
  - [www.calcasa.org](http://www.calcasa.org)
  - [www.rainn.org](http://www.rainn.org)
- Contacting law enforcement is an option—that will start a police investigation
- Forensic exam can gather evidence that might disappear after time



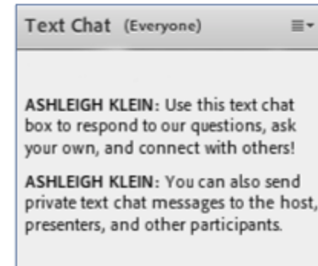
What do you still wish you knew about supporting survivors of sexual violence?

Use the Text Chat feature to answer the question.



Questions?

Use the Text Chat feature or use the hand raising function to ask questions.





*That's all Folks!*