

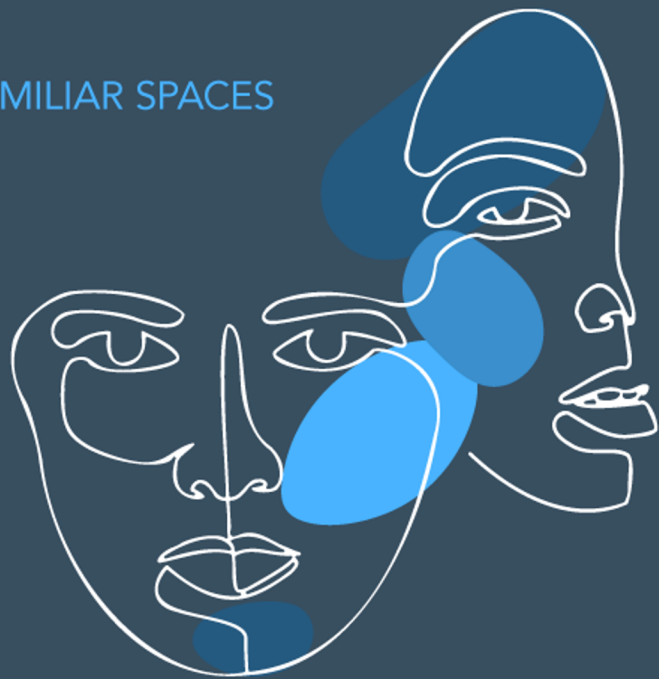
THIS WEB CONFERENCE WILL BEGIN SOON

WEB CONFERENCE SERIES | SEEING SURVIVORS IN FAMILIAR SPACES

CHILDREN & SEXUAL ABUSE

Working with Children
& Youth Survivors

Wednesday, September 16
10-11am (pt)





CALCASA.org

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Victim Assistance Formula Grant Program and
Services*Training*Officers*Prosecutors (STOP) Violence Against Women Formula
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MEET THE CALCASA TEAM



Shelby Phillips

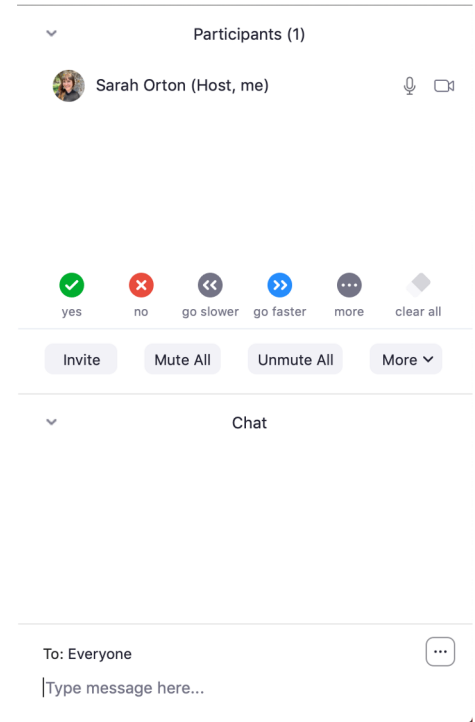
Project and Communications

Coordinator

she/her/hers

HOW TO USE ZOOM

- Text chat
- PowerPoint Slides
- Polling Questions
- Phone
- Closed Captioning
- Web Conference Guidelines (hand raising)



UPCOMING WEB CONFERENCE:

- 09/17 Sexual Violence and Supporting Immigrant Communities
- 09/22 How to Help: Referrals and Resources for Survivors of Sexual Violence
- 09/24 Essential and Vulnerable: Essential Workers and Sexual Violence
- 09/29 Dating App-Facilitated Assault: Dating Apps and Sexual Abuse

PRESENTER:



Emily Austin, JD
Legal Consultant
CALCASA
she/her/hers

Learning Objectives

- Understand the prevalence and impact of sexual abuse on children.
- Describe the impact of sexual abuse on childhood development.
- Identify warning signs and indicators of sexual abuse and trauma in children.
- Know local and national resources for children exposed to sexual abuse.

Trauma-Informed Care Warning

Poll

Do you work with young children? (0-10?)

Do you work with middle age youth? (11-14?)

Do you work with high school age youth?(15-18)?

Do you work with older youth (19-26)?

What is Child Sexual Abuse (CSA)?

Child sexual abuse is a form of child abuse that includes sexual activity with a minor. A child cannot consent to any form of sexual activity, period. When a perpetrator engages with a child this way, they are committing a crime that can have lasting effects on the victim for years. Child sexual abuse does not need to include physical contact between a perpetrator and a child.

CSA can include:

Exhibitionism, or exposing oneself to a minor

Fondling

Intercourse

Masturbation in the presence of a minor or forcing the minor to masturbate

Obscene phone calls, text messages, or digital interaction

Producing, owning, or sharing pornographic images or movies of children

Sex of any kind with a minor, including vaginal, oral, or anal

Sex trafficking

Any other sexual conduct that is harmful to a child's mental, emotional, or physical welfare

400,000 children
are sexually abused each year.



That means **1** in **10** children
faces the horror of sexual abuse.



90% of victims are abused by someone they
know and **trust**.

» **60%** are **acquaintances** like teachers,
neighbors, or community leaders.

» **30%** are immediate or extended **family**.

Only 10% are **strangers** to the child.

A reactive approach does not work.

Only 31% of children tell someone within the first year.

Only 55% of reported incidents are investigated by CPS.

Only 29% of reported incidents lead to police arrests.

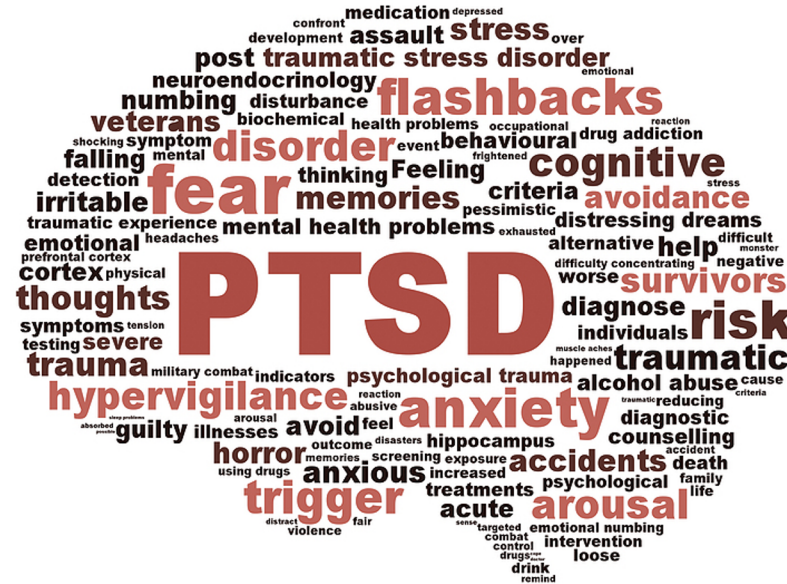


Many sexually abused children
suffer **trauma** severe enough to
negatively impact their adult lives.
They're **3x more likely** to abuse
drugs or **alcohol**, and **2x more**
likely to **drop out** of school.

D2L.org/Statistics

SOME-THING MUST BE DONE

What is the impact of CSA?



Adverse Childhood Experiences Study (ACES)

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce

HOW PREVALENT ARE ACEs?

The ACE study* revealed the following estimates:

ABUSE

Physical Abuse 28.3%

Sexual Abuse 20.7%

Emotional Abuse 10.6%

percentage of study participants
that experienced a specific ACE

NEGLECT

Emotional Neglect 14.8%

Physical Neglect 9.9%

HOUSEHOLD DYSFUNCTION

Household Substance Abuse 26.9%

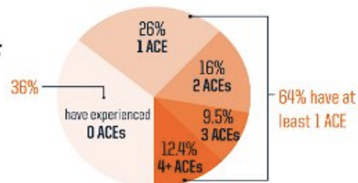
Parental Divorce 23.3%

Household Mental Illness 19.4%

Mother Treated Violently 12.7%

Incarcerated Household Member 4.7%

Of 17,000 ACE
study participants:



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does
the risk for negative health outcomes



Possible Risk Outcomes:

BEHAVIOR



PHYSICAL & MENTAL HEALTH



Warning Signs and Indicators

Emotional signs:

Anxiety and depression

Sleep disturbances, including nightmares or night terrors

Change in eating habits

Unusual fear of certain people or places; reluctance to be alone with a certain person

Changes in mood that could include anger, aggressiveness towards parents, siblings, friends, pets

Rebellion or withdrawal; runaway behavior

Change in attitude towards school or academic performance; lack of interest in friends, sports, or other activities

Unexplained or frequent health problems like headaches or stomach aches

Poor self-esteem; avoidance of relationships

Self-mutilation or change in body perception, like thinking of self or body as dirty or bad; suicidal thoughts

Regression to previously outgrown behaviors, for example, bedwetting or thumb sucking

Abnormal sexual behaviors or knowledge of advanced sexual language and behaviors

Too “perfect” behavior or overly compliant behavior

Warning Signs and Indicators

Physical signs:

Direct physical signs of sexual abuse are not common. However, when physical signs are present, they may include bruising, bleeding, redness and bumps, or scabs around the mouth, genital, or anus. Urinary tract infections, sexually transmitted diseases, and abnormal vaginal or penile discharge are also warning signs.

There are other indirect physical signs that include:

Persistent or recurring pain during urination or bowel movements

Wetting or soiling accidents unrelated to toilet training

Sexually transmitted diseases

Chronic stomach pain

Headaches

Child sexual abuse victims often exhibit indirect physical signs such as chronic stomach pain and headaches.

CSA and Prevention

DID YOU KNOW?



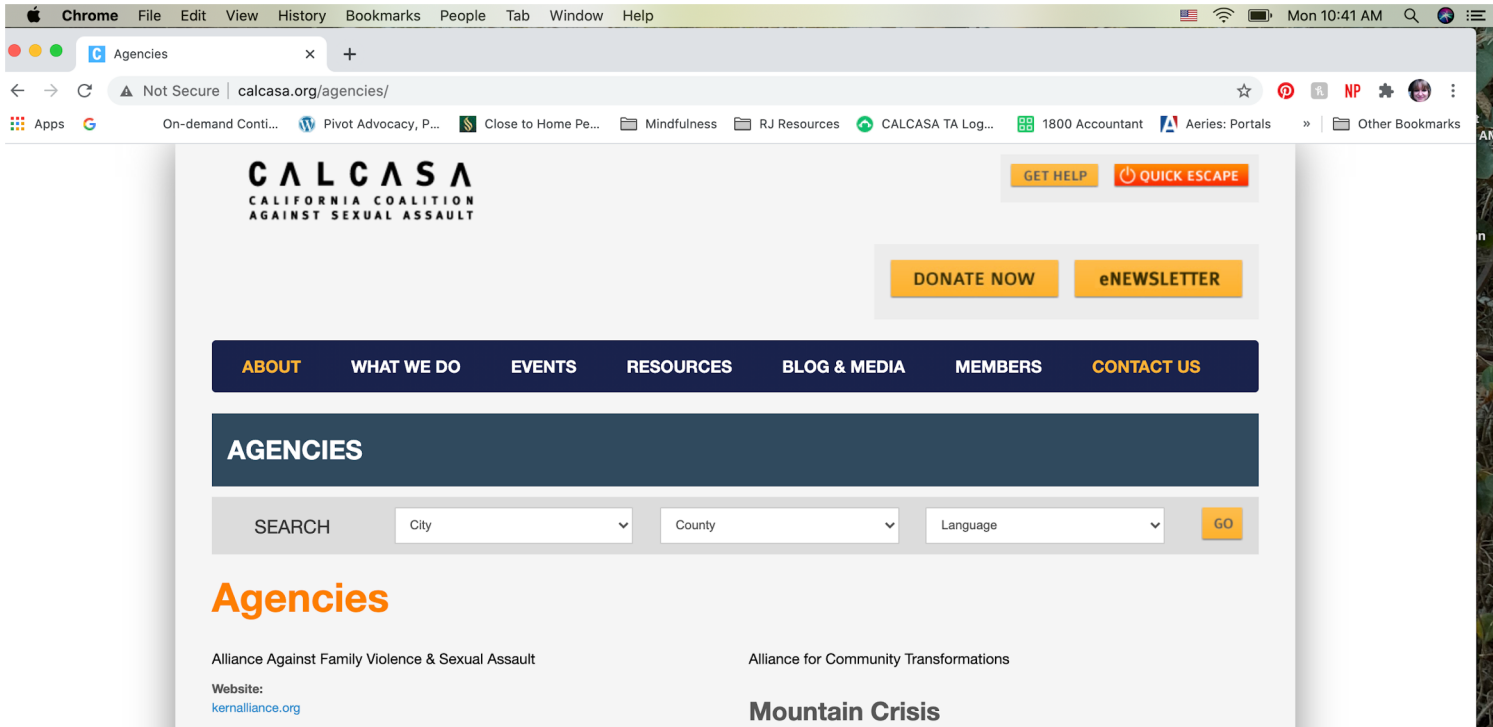
SHARE
WITH YOUR FRIENDS
& SPREAD THE WORD

 **DARKNESS TO LIGHT**
END CHILD SEXUAL ABUSE



Child Sexual Abuse Resources

- Local Sexual Assault Agencies, <http://www.calcasa.org/agencies/> work with children, families and communities on issues of child sexual abuse



The screenshot shows a web browser displaying the CALCASA (California Coalition Against Sexual Assault) website. The browser's address bar shows the URL <http://www.calcasa.org/agencies/>. The website's header includes the CALCASA logo and navigation links: ABOUT, WHAT WE DO, EVENTS, RESOURCES, BLOG & MEDIA, MEMBERS, and CONTACT US. Below the header, there is a section titled "AGENCIES" with a search bar and filters for City, County, and Language. The search bar contains the text "SEARCH" and a "GO" button. The filters are dropdown menus. The website also features buttons for "GET HELP", "QUICK ESCAPE", "DONATE NOW", and "eNEWSLETTER". At the bottom of the page, there are links to the Alliance Against Family Violence & Sexual Assault (kernalliance.org) and the Alliance for Community Transformations (Mountain Crisis).

CALCASA
CALIFORNIA COALITION
AGAINST SEXUAL ASSAULT

GET HELP QUICK ESCAPE

DONATE NOW eNEWSLETTER

ABOUT WHAT WE DO EVENTS RESOURCES BLOG & MEDIA MEMBERS CONTACT US

AGENCIES

SEARCH City County Language GO

Agencies

Alliance Against Family Violence & Sexual Assault
Website:
kernalliance.org

Alliance for Community Transformations
Mountain Crisis

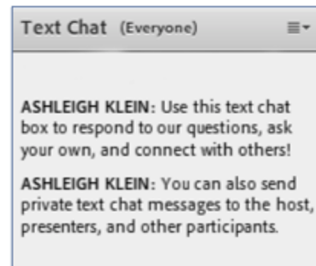
CALCASA
CALIFORNIA COALITION
AGAINST SEXUAL ASSAULT

CSA Resources

- Darkness to Light
 - <https://www.d2l.org/resources/>
- California Mandatory Reporting Laws
 - <https://www.childwelfare.gov/pubPDFs/manda.pdf>
- Childhelp National Child Abuse Hotline call or text 1-800-4-A-CHILD
- www.trauma-pages.com
- www.stopitnow.com 1-888-PREVENT

Questions?

Use the Text Chat feature or use the hand raising function to ask questions.





That's all Folks!