

## How to join audio

- This web conference is offered in English with live Spanish interpretation.
- Spanish interpretation is only available when using Internet audio, "join audio by computer."
- Those dialing in over the phone will only hear English.
- If you need to hear the Spanish interpretation, please join with computer audio only.

## Cómo unirse al audio

- Esta conferencia web se ofrece en inglés con interpretación en vivo en español.
- La interpretación en español sólo está disponible cuando se utiliza el audio por Internet, "join audio by computer".
- Los que marquen por teléfono sólo escucharán el inglés.
- Si necesita escuchar la interpretación en español, por favor únase sólo con el audio por computadora.



Mute



Stop Video



Security



Participants



Chat



Share Screen



Polling



Record



Closed Caption



Reactions



More

End



**VALORUS** >

Advancing Equity. Ending Sexual Violence.

Formerly CALCASA

WEB SERIES NO.2

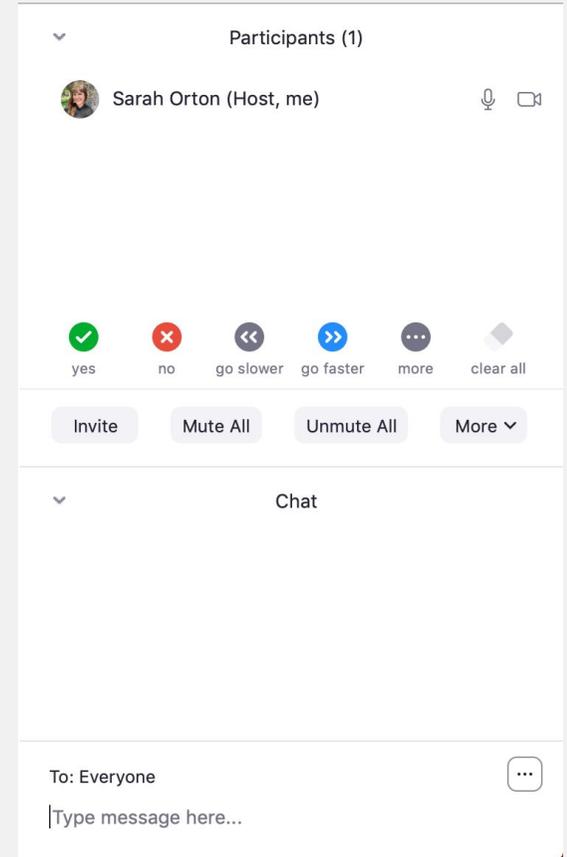
# One Size Does Not Fit All: Strategies to Center Survivors with Intellectual and Developmental Disabilities

Tuesday, June 15, 2021  
10:00-11:30 am Pacific Time

THE COLLECTIVE POWER TO  
ERADICATE SEXUAL VIOLENCE:  
Web Conference Series for Community Partners

# HOW TO USE ZOOM

- Text chat
  - Please send a private chat message for assistance
- Polling Questions
- Dial-in
- Slides & Recording
- Closed Captioning
- Web Conference Guidelines



## AUDIENCE POLL

Where are you  
joining us from?

- A) Disability Service Provider
- B) Regional Center
- C) Rape Crisis Center
- D) Dual Agency
- E) Campus Community
- F) Other (share in chat)

# Collective Power to Eradicate Sexual Violence: Web Conference Series for Community Partners

June 15, 10-11.30am	One Size Does Not Fit All: Strategies to Center Survivors with Intellectual and Developmental Disabilities
June 17, 10-11.30am	Substance Use, Abuse, and Dependency and Sexual Violence: Strengthening California's Safety Net Through Community Collaboration
June 29, 10-11.30am	Remedies for Immigrant Sexual Assault Survivors and Updates in Immigration Policy
July 1, 10-11.30am	Faith Centered Approaches to Fighting Sexual Violence
July 13, 10-11.30am	Campus-Community Partnerships: Coordinating a Comprehensive Trauma-Informed Response to Sexual Violence
July 15, 10-11.30am	Creating Partnerships with Labor to Prevent Workplace Sexual Violence

# 2021 Virtual National Sexual Assault Conference

August 4-6, 2021

Advancing Equity.

Ending Sexual Violence.

**2021** NATIONAL SEXUAL  
ASSAULT CONFERENCE

<http://www.nationalsexualassaultconference.org/>

# Participant Introductions

Who's with us here today? (name, pronouns, location)



# Meet your Facilitators



Ashleigh Klein-Jimenez

Director of Prevention  
VALOR (ValorUS)  
she/her/hers



Priscilla Klassen

Project Coordinator  
VALOR (ValorUS)  
she/her/hers

# Technical Support



Shelby Phillips

she/her  
Project and Communications  
Coordinator

## Audience Poll

How familiar are you with  
our work at ValorUS  
(formerly known as  
CALCASA)?



# About ValorUS

Formerly known as the California  
Coalition Against Sexual Assault  
(CALCASA)



# Find & Follow Us!

Valor.US



# TAKE CARE OF YOURSELVES

This content may impact you and could trigger feelings of concern, emotions, and/or a physical response.

Please take care of yourself:

- Step away if you need
- Turn down sound
- Reach out for support



# Learning Objectives:

- Discuss prevalence of sexual violence and abuse of persons with disabilities
- Identify barriers and solutions to services for survivors with intellectual and developmental disabilities
- Define trauma and trauma-informed support strategies
- Identify strategies for partnerships between disability service providers and the anti-sexual assault movement



# Sexual Violence and Abuse of People with Intellectual and Developmental Disabilities

Advancing Equity. Ending Sexual Violence.

VALORUS 



SPECIAL SERIES

# Abused And Betrayed

SUBSCRIBE TO DAILY NEWS EMAIL



Michelle Gustafson for NPR

## The Sexual Assault Epidemic No One Talks About

▶ LISTEN · 11:54 + PLAYLIST



Talia Herman for NPR

## 'She Can't Tell Us What's Wrong'

▶ LISTEN · 12:13 + PLAYLIST

## States Aim To Halt Sexual Abuse Of People With Intellectual Disabilities

June 25, 2018 • An NPR investigation found people with intellectual disabilities have one of the nation's highest rates of sexual assault. Now states, communities and advocates are proposing changes to prevent abuse.

▶ LISTEN · 3:59 + PLAYLIST



Joseph Shapiro/NPR

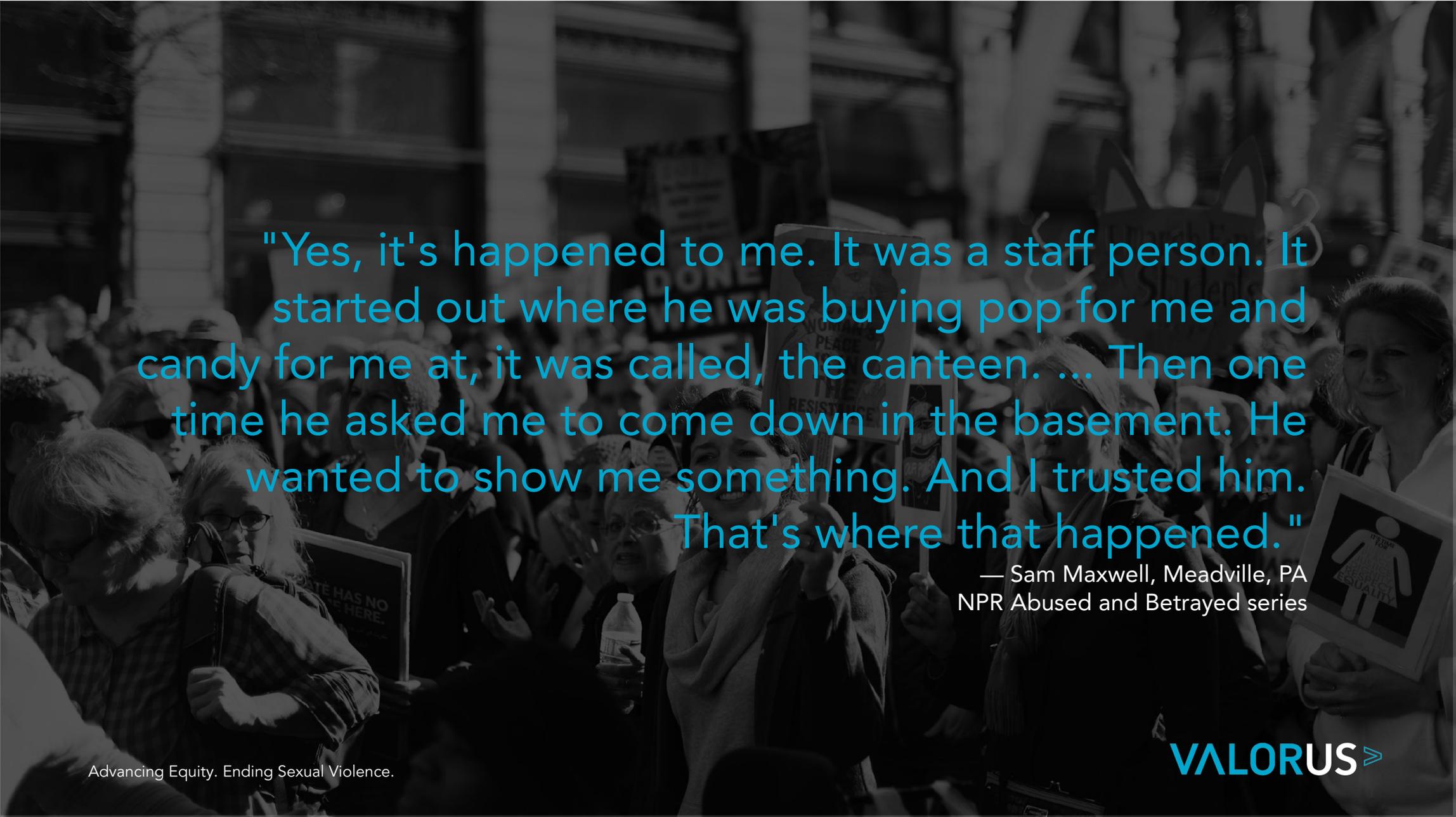
## In Their Own Words: People With Intellectual Disabilities Talk About Rape

January 20, 2018 • In the final piece of NPR's series on the sexual assault epidemic against people with intellectual disabilities, we hear



<https://www.npr.org/series/575502633/abused-and-betrayed>





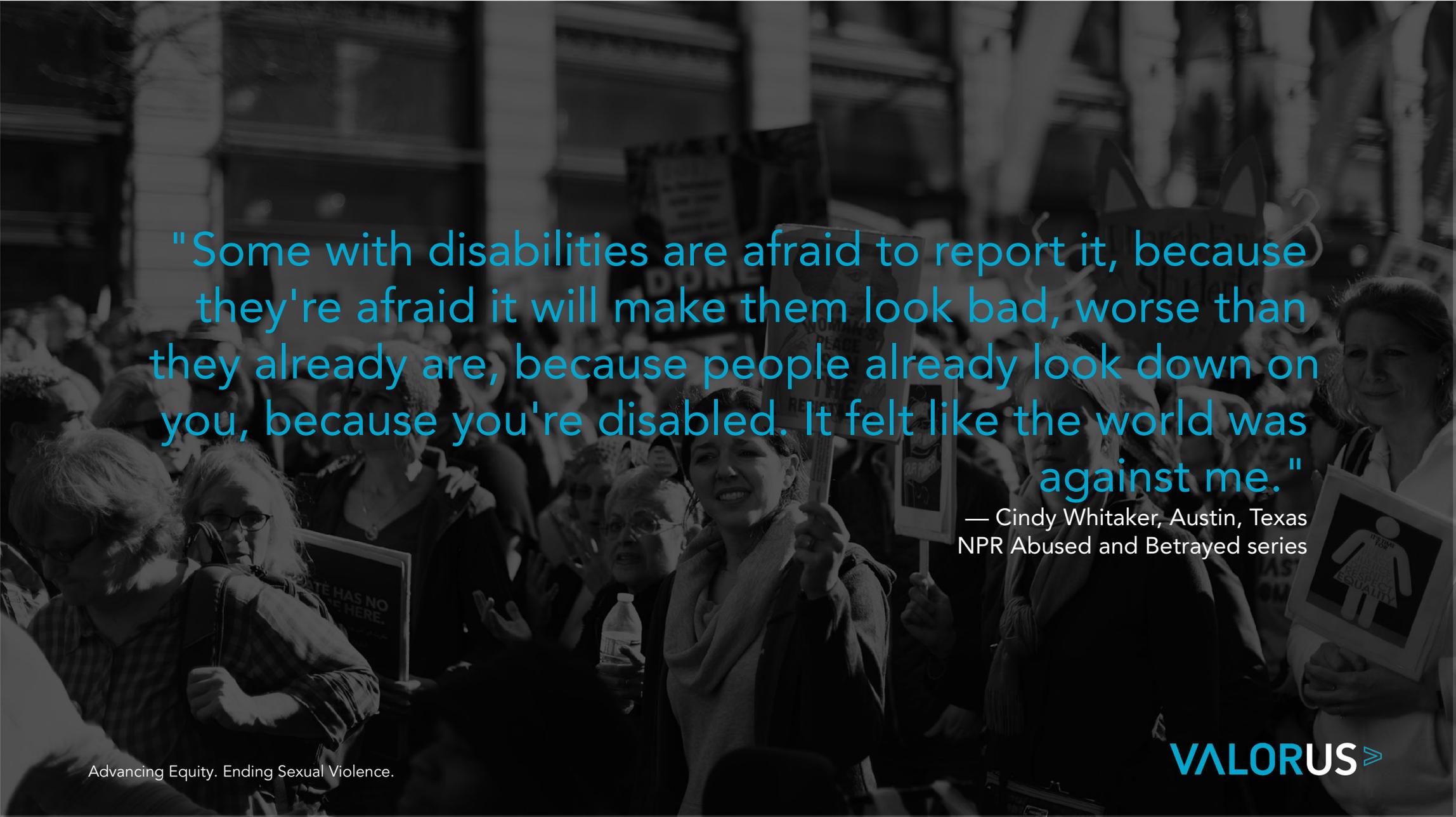
"Yes, it's happened to me. It was a staff person. It started out where he was buying pop for me and candy for me at, it was called, the canteen. ... Then one time he asked me to come down in the basement. He wanted to show me something. And I trusted him. That's where that happened."

— Sam Maxwell, Meadville, PA  
NPR Abused and Betrayed series



"People look at people with disability as, a lot of time, they look at us thinking that we don't know no better. Because a lot of us is quiet and easygoing, they think that we weakling. And we not."

— Thelma Green, Washington, D.C.  
NPR Abused and Betrayed series



"Some with disabilities are afraid to report it, because they're afraid it will make them look bad, worse than they already are, because people already look down on you, because you're disabled. It felt like the world was against me."

— Cindy Whitaker, Austin, Texas  
NPR Abused and Betrayed series

# BREAK OUT SESSION



1. What barriers exist for survivors with I/DD when reaching out for support from community members and service providers?
2. How does sexual violence effect the communities you work with?
3. What kind of support do you need to support survivors with I/DD?

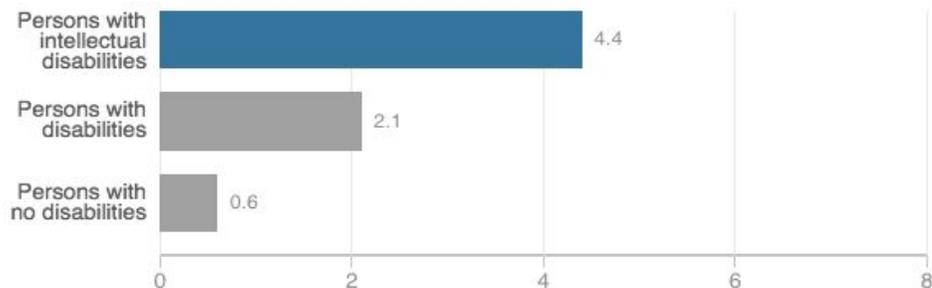


# Scope of the Problem

## Sexual Assault Rates Among People With Intellectual Disabilities, 2011-2015

The rate of rape and sexual assault against people with intellectual disabilities is more than seven times the rate against people without disabilities. Among women with intellectual disabilities, it is about 12 times the rate.

### RATE PER 1,000 PEOPLE



### RATE PER 1,000 PEOPLE WITH AN INTELLECTUAL DISABILITY, BY GENDER



### Notes

Based on the noninstitutionalized U.S. residential population age 12 or older

Source: Bureau of Justice Statistics, National Crime Victimization Survey, Special Tabulation

Credit: Katie Park/NPR

# 50%

of all violence against persons with disabilities occurs against victims with multiple disabilities, including:

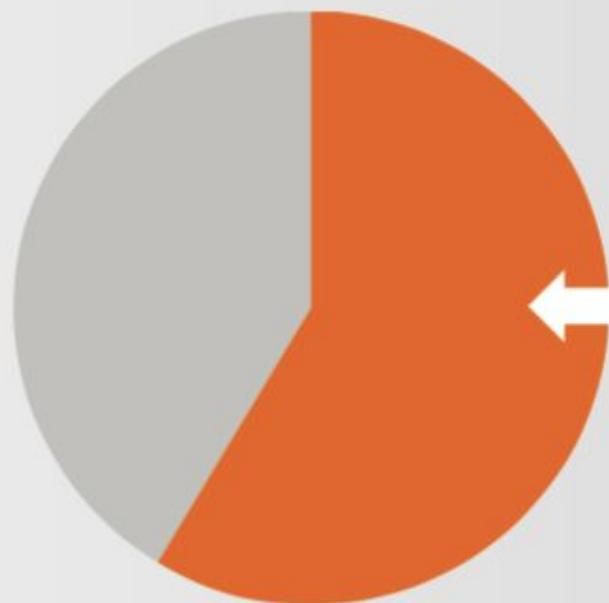


National Center for Victims of Crime

The Board Resource Center  
Making Complex Ideas Simple

 Funded by The Special Hope Foundation

  
The Arc  
National Center on Criminal  
Justice & Disability NCCJD



70%

of all abuse cases against  
adults with disabilities  
go unreported

[https://www.dhs.state.or.us/caf/dv/final\\_DV.ppt](https://www.dhs.state.or.us/caf/dv/final_DV.ppt)

**The Board Resource Center**  
*Making Complex Ideas Simple*



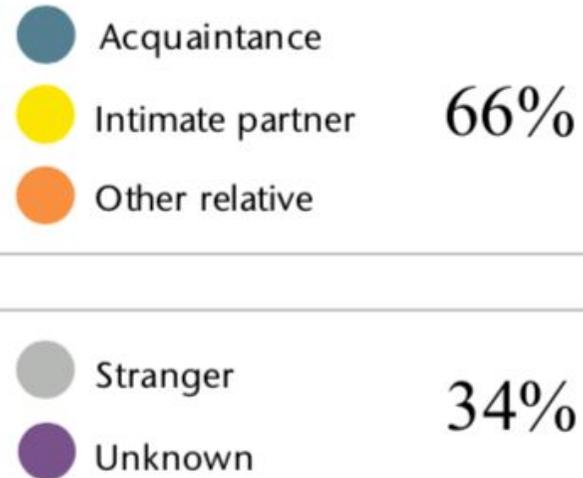
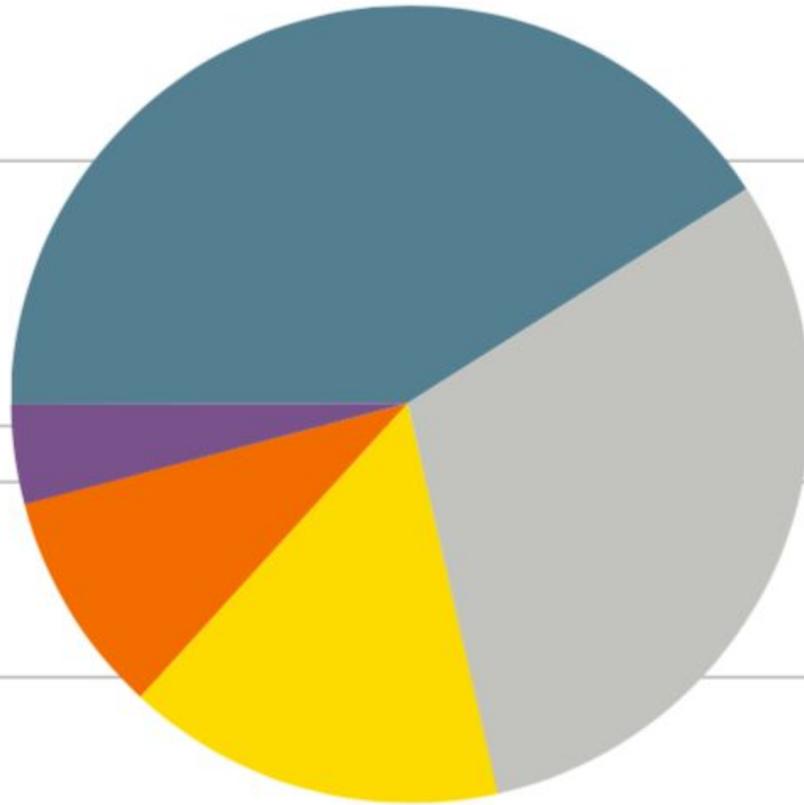
Funded by The Special Hope Foundation



**The Arc**

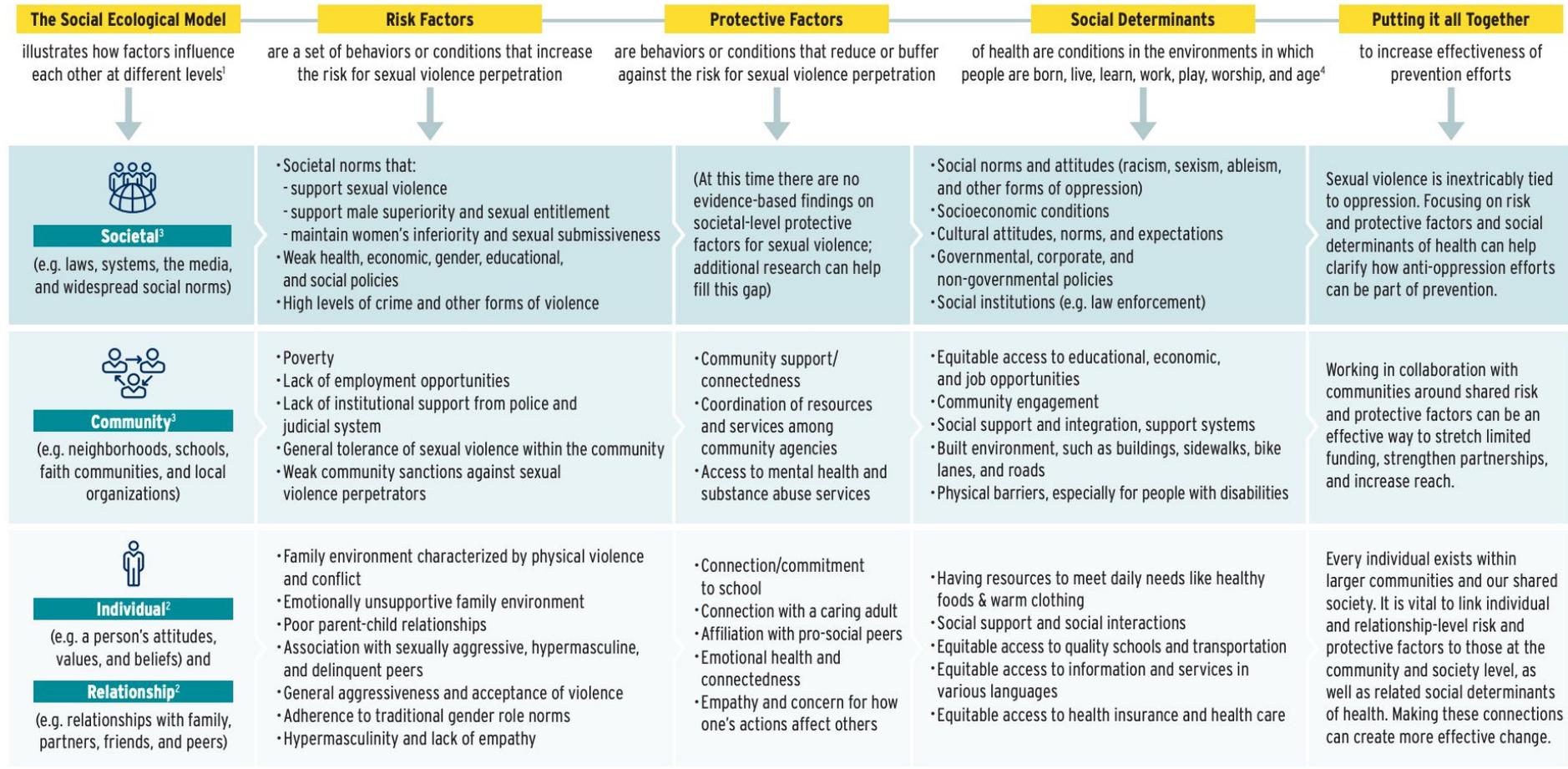
National Center on Criminal  
Justice & Disability NCCJD

## Relationship to Offender



# RISK & PROTECTIVE FACTORS

This chart maps out risk and protective factors and social determinants of health along various points in the social ecological model. Understanding these factors and determinants at the societal, community, and individual/relationship levels can increase the effectiveness of sexual violence prevention efforts.



# Barriers to accessing services

- Lack of accessible transportation
- Communication barriers
- Educational and socialization factors
- Stereotypes about people with I/DD

## Barriers to accessing services (cont.)

- Devaluation
- Presumed lack of credibility
- Isolation and segregation
- Increased exposure to potential abusers
- Culture of compliance
- Doubly silenced

## Audience Poll

For Disability Service  
Providers:

Does your intake process  
include questions about  
previous or ongoing sexual  
abuse or harassment?

## Audience Poll

For Rape Crisis Centers:

Does your intake process include questions about accessibility or accommodations?



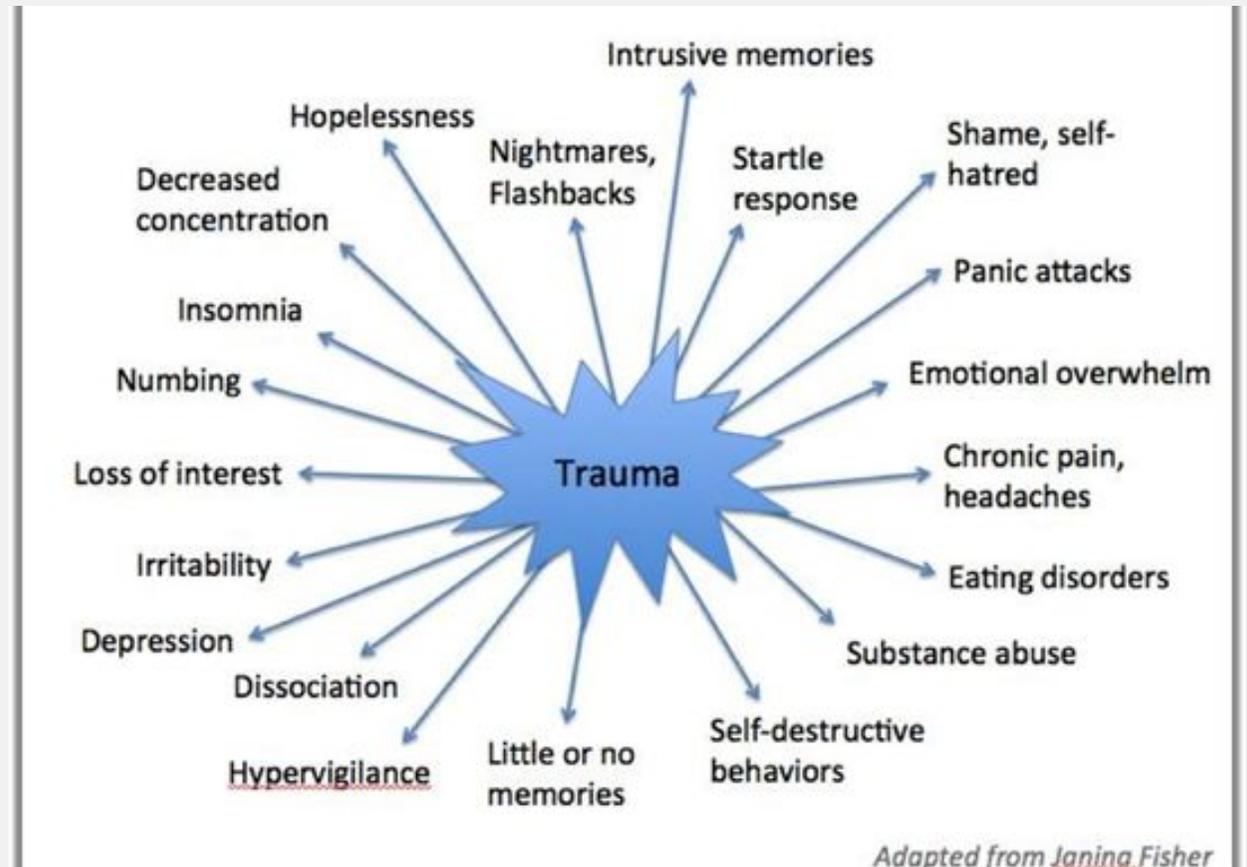
# Understanding and Responding to Trauma

Advancing Equity. Ending Sexual Violence.

VALORUS 

# What is Trauma?

Trauma is the response to a deeply distressing or disturbing event that overwhelms an individual's ability to cope, causes feelings of helplessness, diminishes their sense of self and their ability to feel the full range of emotions and experiences.



# What is Trauma-informed Care?

Care and practices that recognize and respond to the impact of trauma on individuals, families, communities and society at large. Care and practices that actively resist re-traumatization.



## 4 R's of a Trauma-informed Care and Response:

Realizes the widespread impact of trauma and understands potential paths for recovery

Recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system

Responds by fully integrating knowledge about trauma into policies, procedures, and practices

Resists re-traumatization

# Survivor-Centered Approach

Prioritizes the needs, rights and wishes of the survivor of

violence. The survivor has a right to:

- be treated with dignity and respect instead of being exposed to victim-blaming attitudes
- choose the course of action in dealing with the violence instead of feeling powerless



## Survivor-Centered Approach (continued)

- privacy and confidentiality instead of exposure
- non-discrimination instead of discrimination based on gender, age, race/ ethnicity, ability, sexual orientation, HIV status or any other characteristic
- receive comprehensive information to help them make their own decision instead of being told what to do

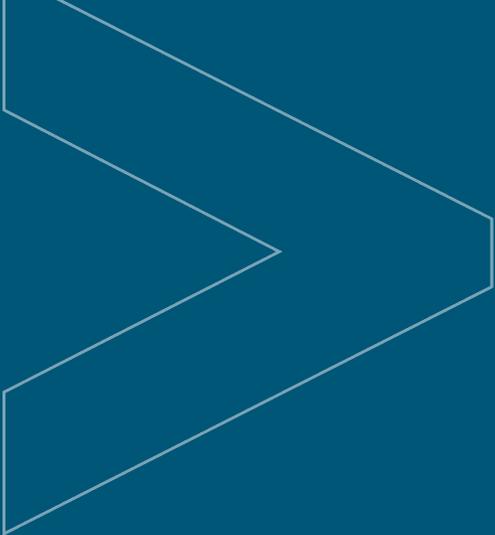


# Moving From Disability Responsive to Trauma-Responsive

- Recognize the high prevalence of sexual violence amongst people with I/DD
- Assess and remove barriers that prevent survivors with I/DD from disclosing
- Train staff to believe survivors with I/DD and respond compassionately
- Train staff to incorporate healthy sexuality and healing into existing service plans
- Collaborate with rape crisis centers on protocols to provide prompt, victim-centered services

## Audience Poll

Are you aware of your local  
rape crisis center?



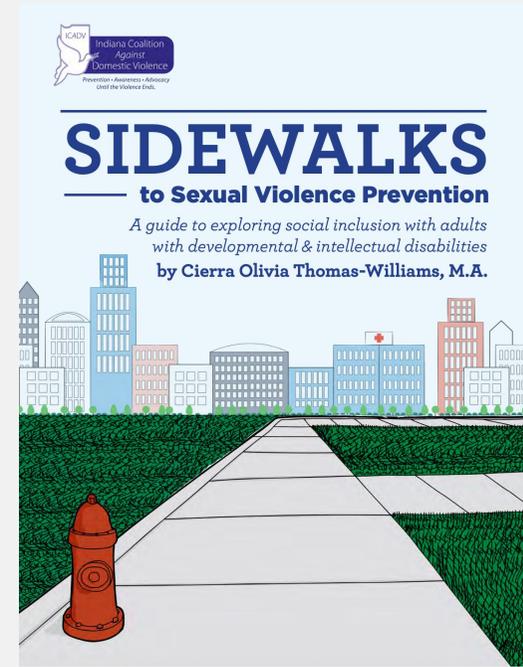
# Community Blueprint

Advancing Equity. Ending Sexual Violence.

VALORUS 

# Purpose

- Roadmap to create lasting relationships between sexual assault agencies and broader communities
- Whatever our main issue is, our issue does not exist on an island
- Partnerships strengthen our connection to the broader community

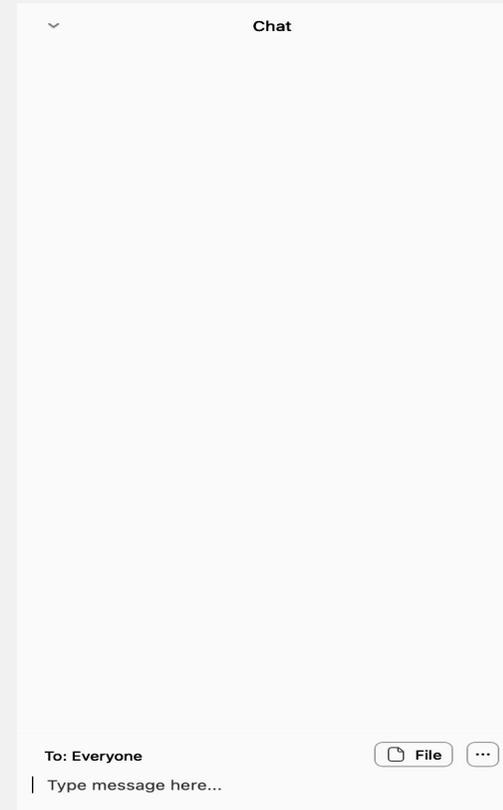


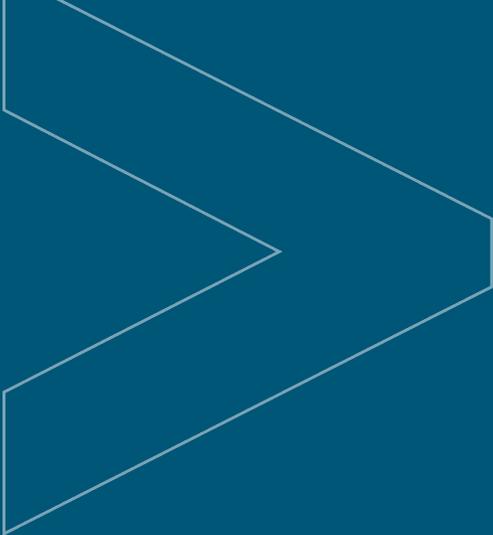
<https://icadvinc.org/wp-content/uploads/2019/12/new-sidewalks-to-sexual-violence-prevention.pdf>

## QUESTION

What type of partnerships are you currently engaged in to support people with intellectual and developmental disabilities?

Use the Text Chat feature to answer the question.





# Rape Crisis Centers

Advancing Equity. Ending Sexual Violence.

VALORUS 

# Services Traditionally Available at Rape Crisis Centers

Crisis Response	Accompaniment	Counselling	Advocacy	Education
<p>Survivors can reach a trained crisis intervention advocate any day, any time on a 24/7 Crisis Hotline.</p>	<p>Have an advocate by your side during medical and legal appointments.</p>	<p>Specialized, confidential counseling for individuals and groups - including survivor led peer-based counseling. Support groups for survivors and families may also be available</p>	<p>An advocate is by your side, throughout the journey of healing. This can include safety planning and crisis intervention or institutional advocacy.</p> <p>Eg. Restraining order support</p>	<p>Prevention education and community training to help prevent sexual assault.</p>

Adapted from [Partners Against Violence website](#)

Advancing Equity. Ending Sexual Violence.

**VALORUS** 

# Examples of partnerships

- Referrals
- Resources
- Community education + training
- Support groups

## Audience Poll

Have you connected with  
your local rape crisis center?

# Learn about your local rape crisis centers:



[ABOUT](#) ▾

[RESOURCES](#) ▾

[BLOG](#)

[GET HELP](#)

[JOIN US](#) ▾

[ESPAÑOL](#)

[DONATE](#)



ADVANCING EQUITY. ENDING SEXUAL VIOLENCE.

[Directory](#)

### Search

Find a listing

Organization

City

State

ZIP Code

Primary Phone

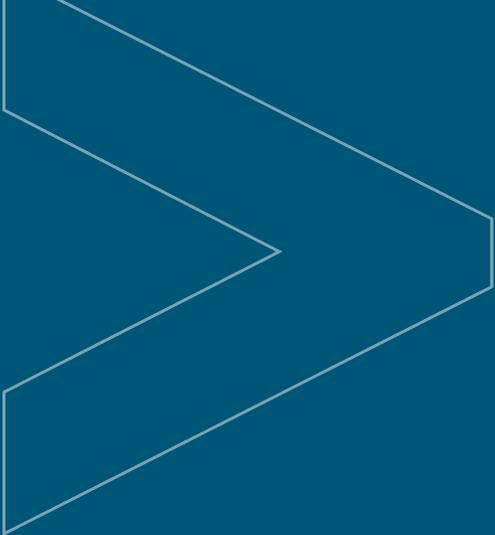
Website

Hotline

Long Business Description

Advancing Equity. Ending Sexual Violence.





# Moving Forward

Advancing Equity. Ending Sexual Violence.

VALORUS 

# Identify a Working Relationship that Meets your Organizational Needs

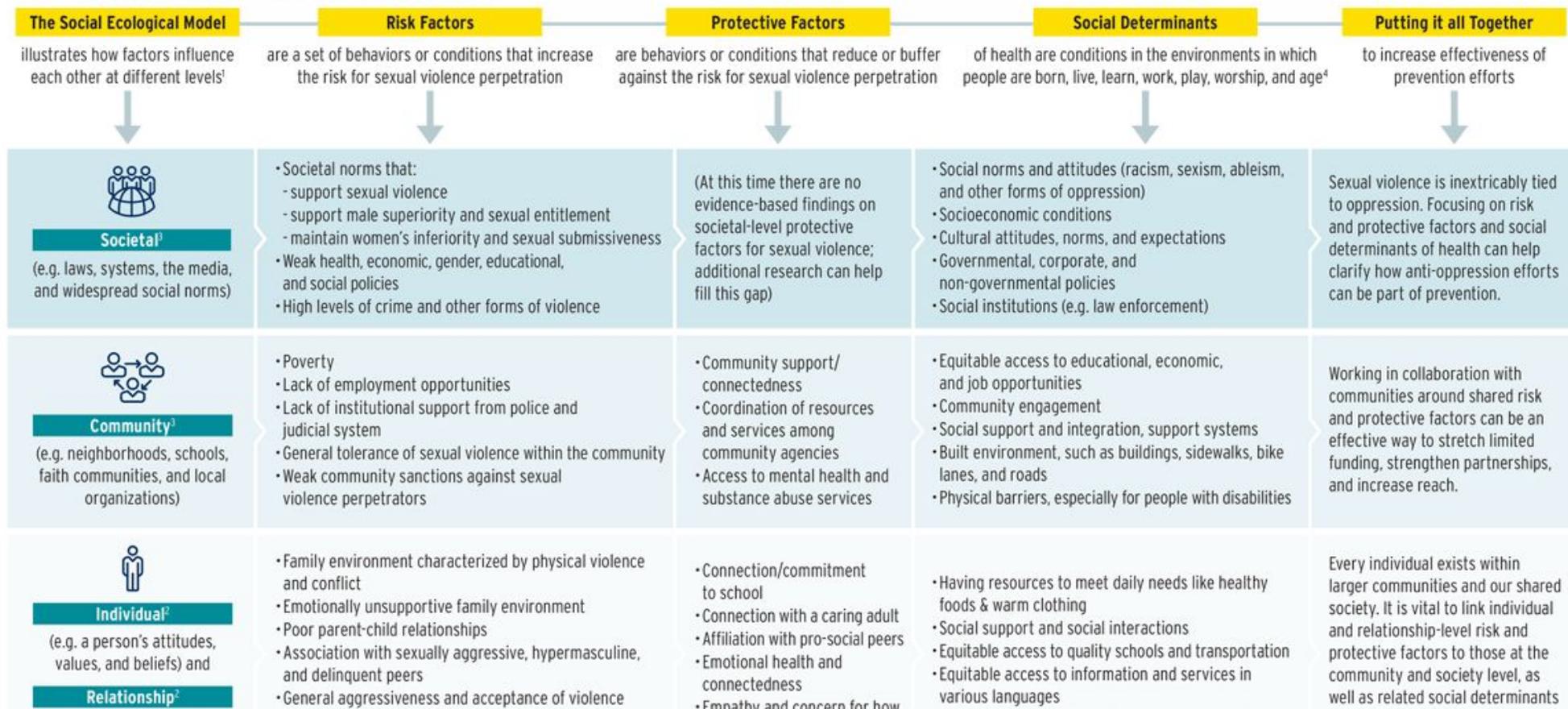
Cooperation	Coordination	Collaboration
Organizations join for a short time in an informal way to share information, resources, and ideas	Involves a more formal relationship that requires more commitment and results in a shared project or program	Partners are focused on change beyond their organizational boundaries to create greater social and systems change

# Learn from the Past & Learn from Each Other

History	Patterns of Abuse	Inequity	Impact
What is the history of collaboration in your area?	If at all, what pattern of events or barriers have led to abuses of the rights of members from our community?	How has inequity played a part in service provision and community education?	In what way has the past affected the ability to work together today?

# RISK & PROTECTIVE FACTORS

This chart maps out risk and protective factors and social determinants of health along various points in the social ecological model. Understanding these factors and determinants at the societal, community, and individual/relationship levels can increase the effectiveness of sexual violence prevention efforts.



# Ingredients of a successful collaboration

- Willing partners
- Mutual respect for partners' strengths and assets
- Mutual respect for partners' differences in mission and approach
- Commitment to develop a relationship among partners that is focused on survivors with I/DD
- Willingness to resolve differences with solutions focused on survivors with I/DD

# Start with Yourself

Examine what stereotypes and biases you hold.

What is your level of experience supporting people with I/DD? With supporting survivors?

What are some limitations and barriers you may have in working with sexual assault survivors?

What kind of training and support is available from your organization or your community?

# Innovative Support Coming Soon...

PKlassen@Valor.US

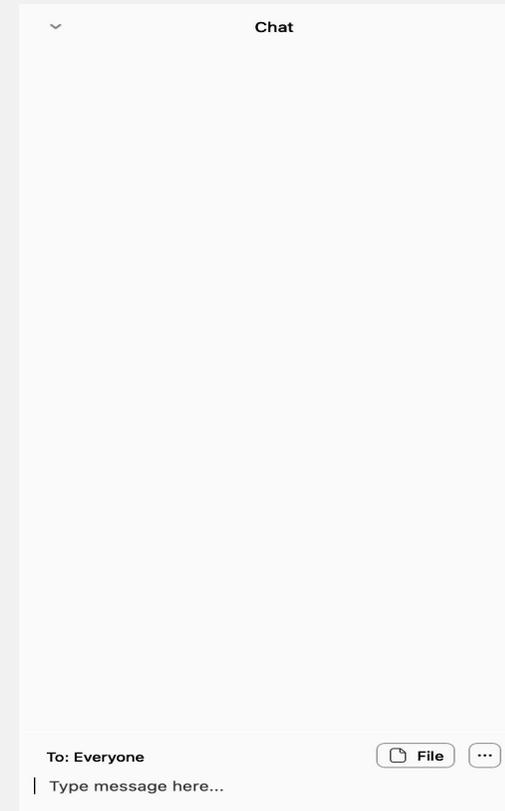
AKlein@Valor.US



Use the Text Chat feature to answer the question.

## Audience Chat Question:

What is the one new thing you learned from today's workshop?



# RESOURCES

- [VALOR](#) (ValorUS)
- [Bureau of Justice Statistics](#)
- [The Arc](#)
- [End Abuse of People with Disabilities](#)

# SURVEY

<https://www.surveymonkey.com/r/IDDDisabilities061521>

# #WeAreValor

Valor.US

FIND & FOLLOW US

 @ValorUS

 @ValorUS

 /ValorUS

Advancing Equity. Ending Sexual Violence.

**VALORUS** 