# WELCOME

The webinar will begin shortly.

While you are waiting, please mute your sound.

Use the chat box to type questions during the webinar.





# CA Advancing PREA Office Hours: Developing Outreach Materials that are Appropriate for Detention

March 15, 2022 1:00pm-2:00pm





# **Introductions**



Marsela Rojas-Salas (She/Her/Hers) Project Manager ValorUS



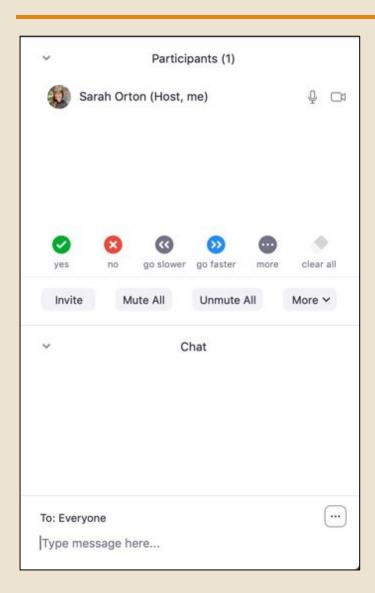
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Senior Program Officer
Just Detention International



# **How to Use Zoom**



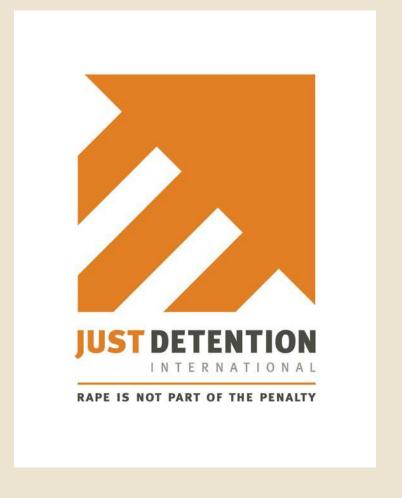
- Text chat
- PowerPoint Slides
- Phone

# ValorUS's Mission

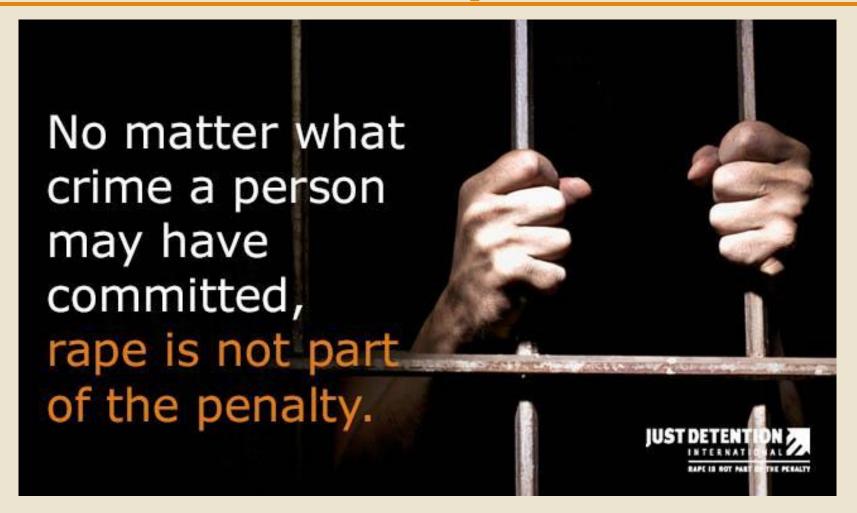
ValorUS is committed to ending sexual violence through a multifaceted approach of prevention, intervention, education, research, advocacy and public policy.

# JDI's Mission

JDI is a health and human rights organization that seeks to end sexual abuse in all forms of detention.



# JDI's Core Principle



# **CA Advancing PREA Overview**

- Build strong relationships between CA state prison/ county jail staff and rape crisis advocates
- Create sustainable agreements and protocols for the provision of victim services to survivors





# **Session Objectives**

Develop a vision to create outreach materials for incarcerated survivors at your RCC.

Demonstrate the process of getting buy-in and approval from correctional officials and prisoners when creating new outreach materials to provide services to incarcerated survivors.

Describe how to ensure outreach materials are being shared by staff with incarcerated people.

# **Practice Self Care**





# **Introductions**



Yesenia Quevedo (She/Her/Hers) PREA Coordinator Partners Against Violence

# **Breakout Session**

What has been your approach to making your services visible in your local correctional facilities?

Have your approaches been able reach to survivors? If so, how?

# **Material Examples**

- Brochures
- Flyers
- Bookmarks
- Videos
- Pamphlets

# **Brochure**

### Keep In Mind

- Advocates are here to help you. Their role is not to file a report for you, but they can give you information and can support you if <u>you</u> decide to file a report.
- Advocates may require you to sign a consent form for follow-up services.
- Facility staff may monitor, record, or overhear your conversations with advocates. You may check with the facility staff to find the most private way to speak with an advocate.
- The facility should give you information about how they monitor communication with advocates.
- Facility staff must report any known cases of sexual abuse.
- A court could require an advocate or other person listening to testify about what you and the advocate tell each other.
- If you plan to hurt yourself or someone else, the advocate may be required to report it.
- By law, an advocate has to report the abuse of a minor.

\*\* Not all services are available at every facility; please ask your facility staff or community advocate.

### **Local Contact Information**

During your time at this facility, you can find your local contacts for PREA and victim advocacy services listed below. If you move to another facility, these contacts **may not** be the same. Please find the list of local contacts at each new facility.



Information for Incarcerated Victims of Sexual Abuse

Content for this brochure was developed by the Washington Coalition of Sexual Assault Programs and edited and adapted by the North Carolina Coalition Against Sexual Assault. Produced in 2016.

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# **Brochure**

### What is Victim Advocacy?

A victim of sexual abuse can seek services from a rape crisis center. These community-based agencies offer advocacy services to support victims of sexual abuse. Victim advocacy is rooted in helping victims heal from sexual abuse, knowing what rights victims have, and being familiar with resources that can help victims.

Advocates are professionals who are not employees of this facility who must meet certain training requirements and other criteria to work with sexual abuse victims.

### Your Rights as a Victim of Sexual Abuse

- The right to be treated with dignity and respect.
- The right to report privately, safely, and in different ways.
- The right to have an advocate or support person available for a forensic medical exam.
- The right to get help from trained medical and mental health care professionals at no cost to you.
- The right to have an advocate or support person available to support you through the investigation process
- The right to submit a victim impact statement or report to the court.

### What Can an Advocate Help You With?

### An advocate can:

- · Listen to your story and support you.
- Give you information to make choices and help you look at next steps.
- Inform you of your rights as a victim.
- Inform you of other resources and services that are available to you.



# What Can an Advocate Not Help You With?

Examples of what an advocate **CANNOT** help you with include:

- Provide legal advice
- · Make decisions for you
- Tell you whether to report the sexual abuse or not
- Investigate a crime
- Demand the facility change their rules or your housing assignment
- · Contact your family or friends for you
- Provide therapy or mental health treatment services

### Specific Services\*\*

### An advocate might:

- Talk with you over the phone or by mail, if you have been sexually abused while confined.
- Help you with ways to deal with past or present sexual abuse, or if you know someone who has been abused.
- Discuss your safety and help you plan to stay safe while confined.
- Explain your PREA reporting options.
- Support you at a forensic medical exam at a community hospital
- Talk with the facility about medical and mental health services you can use if you want.
- Advocate that the facility work with you to get services for your ongoing medical and mental health needs related to the abuse.
- Give you information about services the facility or others in the community can provide for follow-up.
- Go over the facility's PREA investigation process with you.
- Give you support during the investigation.



# **Bookmark**







BREATHE Breathe in through your nose and out through your mouth.



SET BOUNDARIES Listen to your needs, it's ok to say no.



CARE FOR YOUR BODY Eat healthy, get moving, get rest.



USE KIND LANGUAGE Be nice to yourself by saying positive affirmations.



LOVE YOURSELF Name things you love about yourself.



CELEBRATE YOURSELF Focus on what you have accomplished and overcame.



Bookmark created by Standing Together to End Sexual Assault (STESA)

# **Flyer**

# HOPE FOR HEALING

Advanced group offers coping techniques by counselor and group facilitator, Mona Brown

This is a group offered to anyone that would like to help a loved one who has suffered:

Child Abuse

Domestic Violence

Assault

Date: September 13th, 2017 Every Wednesday After Time: 10:00 AM - 12:00 PM

Duration: 10 Weeks

Upon satisfactory completion, you'll receive a 128 B Informational Chrono & Certificate

Flyer created by Women's Center High Desert

# **Posters**





# **Video**









# We Are Here to Support You!

- ValorUSvalor.us
- Just Detention International <u>justdetention.org</u>
- PREA Resource Center <u>prearesourcecenter.org</u>





# **CA Advancing PREA: Resources** for California Advocates



https://justdetention.org/california-advancingprea-resources-for-california-advocates/



## The ValorUS Hub

The Hub is a repository of resources, web conferences, courses, and newsletters for all staff within California's Rape Crisis Centers and community partners.

### Here is how you can get started:

- Step 1: Go to The Hub (www.Valor.US/hub)
- Step 2: Create Your Login/Profile
- Step 3: Explore!
- Our ValorUS Team will approve you
- If you have credentials from the previous version of the HUB, your same HUB credentials will work. Just mind the new URL.
- You can also find the hub by scrolling to the bottom of the Valor.US landing page!



