

WELCOME

The webinar will begin shortly.

While you are waiting, please mute your sound.

Use the chat box to type questions during the webinar.

CA Advancing PREA Office Hours: Assessment and Evaluation

DATE

July 21, 2022
1:00-2:00pm

Introductions



MARSELA ROJAS
(She/Her/Hers)
Project Manager
ValorUS



JENNICA SINOR
(She/Her/Hers)
Project Coordinator
ValorUS



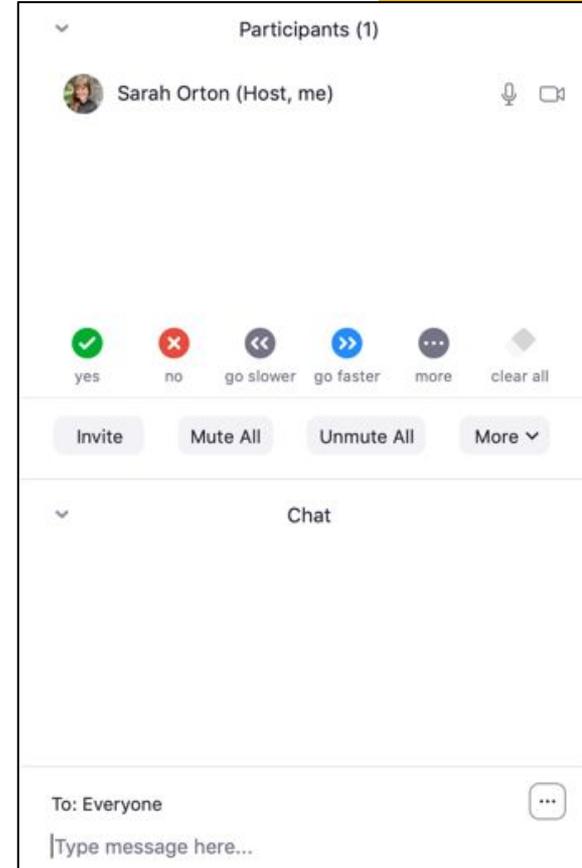
SHELBY PHILLIPS
(She/Her/Hers)
Project and Communications
Coordinator
ValorUS



JAMILA CERVANTES
(They/them/theirs)
Program Officer
Just Detention International

How to Use Zoom

- Text chat
- PowerPoint
- Slides
- Phone



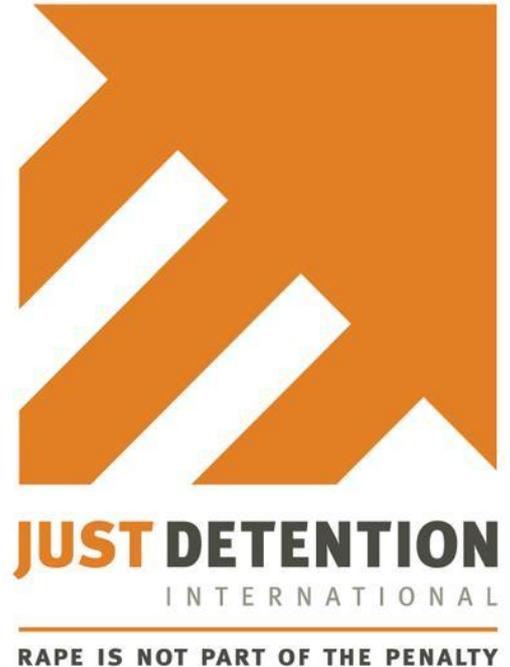
ValorUS' Mission

ValorUS is committed to preventing and ending sexual violence by advancing equity and eradicating oppression.



JDI's Mission

JDI is a health and human rights organization that seeks to end sexual abuse in all forms of detention.



JDI's Core Principle

No matter what crime a person may have committed, **rape is not part of the penalty.**



CA Advancing PREA Overview

- Build strong relationships between CA state prison/ county jail staff and rape crisis advocates
- Create sustainable agreements and protocols for the provision of victim services to survivors



Cal OES
GOVERNOR'S OFFICE
OF EMERGENCY SERVICES

Session Objectives



Understand the importance of the receiving feedback from incarcerated survivors

Session Objectives



Describe methods to assess service provision from RCCs to incarcerated survivors.

Session Objectives



Provide examples of assessment tools to use with incarcerated survivors.

Breakout Session

- Why do you think feedback is important for growth?
- How do you currently receive feedback from survivors?
- What kind of feedback have you received from survivors?
- If you have yet to receive feedback, what type of feedback are you hoping to gather?

Basics of Evaluations



Purpose

- Better understand the impact of your services and education.
- Better understand how correctional partners are impacting your clients.
- Build on the efforts that are effective.
- Prevent using resources and capacity on efforts that aren't effective
- Provide an opportunity to empower survivors to voice their feedback.
- Provides agencies with hard evidence to present to funders.

Anonymous vs Confidential

- Anonymous- you do not know who the responses came from.
- Confidential- you do know (or can find out) who the responses came from, but you are committed to keeping this information to yourself. Someone who participates in a focus group is not anonymous, but they expect their responses to be kept confidential.

Methods To Assess



Method 1: Written Questionnaires

- Advantages
 - Advocate able to send via letter
 - Client able to fill out at own speed
 - More likely to be confidential
 - Can be filled out more privately
- Disadvantages
 - Questions are more likely to be misunderstood
 - Can feel less personal
 - Risk of low response or return rate



Method 2: Telephone Interviews

- Advantages
 - Feels more personal
 - Able to follow up in real time (ie. ask clarifying questions)
 - Can get more detailed information that may not be share via written correspondence
 - Can continue to help the client heal by sharing feedback
- Challenges
 - Limited time to provide feedback via phone
 - Discomfort providing direct feedback to service provider
 - Possible danger if the client is not in a safe location

We do not recommend ever calling a client unless you have discussed this possibility ahead of time and they have given you permission to contact them.

What to Keep in Mind

- Edit language to be inclusive and accessible to survivors behind bars
- Create a plan on how to incorporate the client survey via letter writing, hotline call, or in person
- Address time constraints to surveys administered via phone



Examples of Feedback Surveys



Example 1, Short Form Questionnaire (PCAR)

APPENDIX I

C. Empowerment and Satisfaction Questionnaire-Short Form (ESQ-SF)

| EMPOWERMENT AND SATISFACTION QUESTIONNAIRE (ESQ-SF) | | | | | | |
|---|---|-------------------|---------|----------------|----------------|---|
| As a client of our agency, you received services in response to a traumatic event(s). In order to provide the best possible services, we would like to know how much our agency helped you to deal with that particular trauma. Please read the following statements about the services and other aspects of the agency and circle if you strongly agree, somewhat agree, are neutral (don't feel strongly one way or the other), somewhat disagree or strongly disagree with the statements. | | | | | | |
| Section A: | | | | | | |
| | Strongly Disagree | Somewhat Disagree | Neutral | Somewhat Agree | Strongly Agree | |
| 1. | Staff respected my background (e.g. gender, race, culture, ethnicity, sexual orientation, disability, lifestyle, etc.). | 1 | 2 | 3 | 4 | 5 |
| 2. | Services were available at times that were good for me. | 1 | 2 | 3 | 4 | 5 |
| 3. | I was asked to participate in deciding what services I would receive. | 1 | 2 | 3 | 4 | 5 |
| 4. | I feel the staff heard me. | 1 | 2 | 3 | 4 | 5 |
| 5. | I received the kind of service I wanted. | 1 | 2 | 3 | 4 | 5 |
| 6. | The services I received helped me deal more effectively with problems. | 1 | 2 | 3 | 4 | 5 |
| 7. | I would return to this agency if I needed victim services in the future. | 1 | 2 | 3 | 4 | 5 |
| 8. | I would recommend this agency to a friend in need of victim services. | 1 | 2 | 3 | 4 | 5 |
| 9. | In an overall, general sense, I am satisfied with the services I received. | 1 | 2 | 3 | 4 | 5 |
| Is there anything else you would like to say? | | | | | | |
| _____ | | | | | | |
| _____ | | | | | | |
| _____ | | | | | | |
| _____ | | | | | | |
| _____ | | | | | | |

| Section B: Please consider the following reactions which sometimes occur after a traumatic event. This section is concerned with your personal reactions to the traumatic event which happened to you. Please circle one answer for each question. | | | | | | |
|--|---|--|--------------|------------|-------------|-----------|
| | In the past week | Not at All | A Little Bit | Moderately | Quite a Lot | Very Much |
| 10. | How much have you been bothered by unwanted memories, nightmares or reminders of the event? | 1 | 2 | 3 | 4 | 5 |
| 11. | How much effort have you made to avoid thinking or talking about the event, or doing things which remind you of what happened? | 1 | 2 | 3 | 4 | 5 |
| 12. | To what extent have you lost enjoyment for things, felt sad or depressed, kept your distance from people, or found it difficult to experience feelings? | 1 | 2 | 3 | 4 | 5 |
| 13. | How much have you been bothered by poor sleep, poor concentration, jumpiness, irritability or feeling watchful around you? | 1 | 2 | 3 | 4 | 5 |
| 14. | How much have you been bothered by pain, aches or tiredness? | 1 | 2 | 3 | 4 | 5 |
| 15. | How much would you get angry or upset when stressful events or setbacks happened to you? | 1 | 2 | 3 | 4 | 5 |
| 16. | How much have you been blaming yourself or feeling guilty for what happened to you? | 1 | 2 | 3 | 4 | 5 |
| 17. | How much have the above symptoms interfered with your ability to work or carry out daily activities? | 1 | 2 | 3 | 4 | 5 |
| 18. | How much have the above symptoms interfered with your relationships with family or friends? | 1 | 2 | 3 | 4 | 5 |
| 19. | How much better do you feel since beginning services? (as a percentage) | | | | | |
| 20. | Overall, how much have the above symptoms improved since starting services? (circle one) | Very Much 1 Much 2 Minimally 3 No Change 4 Worse 5 | | | | |

Example 2

■ A Window Between Worlds Client Evaluation

Windows Participant Evaluation

This evaluation will help to show how useful the art is for you and will help us in our efforts to receive funding to continue these workshops. If any of the questions here do not apply to you, you can leave them blank. Please return via mail or fax to (310) 396-9698.

The workshop allowed me to more easily express myself:

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop helped me to identify how my challenging circumstances and experiences have affected me:

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop helped me to open up about things I haven't shared with others before:

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop helped me to gain new insight into my life:

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop helped me to feel more positive about myself and my future:

Strongly Agree Agree No Change Disagree Strongly Disagree

Because of the workshop, I'm more likely to take steps to break free from the effects of violence and trauma:

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop will positively impact my relationship with my children:

For example: more effective communication, feeling closer, creating a new sense of togetherness, reconnecting with my role as a parent.

Strongly Agree Agree No Change Disagree Strongly Disagree

The workshop helped me in my process of finding courage to make healthy decisions for the future:

Strongly Agree Agree No Change Disagree Strongly Disagree

Because of the art workshop, I'm more likely to take concrete steps forward in my life:

For example: seeking educational opportunities, seeking employment, seeking housing, getting a restraining order, seeking outside help

Strongly Agree Agree No Change Disagree Strongly Disagree

Additional Comments: _____

Date of Workshop: _____ **Agency Name:** _____

Leader's Name: _____ **Workshop:** _____

Example 3

- JDI Client Feedback Form

Workshop Feedback Form Rooted in Resilience Just Detention International

Our goal is to provide workshops that are helpful to you, and we would appreciate your feedback so that we can make them even better. Please take a minute to complete this form and let us know what you think about this workshop series so far. *You do not need to include your name on this form.*

These workshops have helped me to express my feelings and thoughts.

| | | | | |
|-------------------|----------|-----------|-------|----------------|
| Strongly Disagree | Disagree | Undecided | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|

These workshops have provided a safe and judgment-free environment.

| | | | | |
|-------------------|----------|-----------|-------|----------------|
| Strongly Disagree | Disagree | Undecided | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|

These workshops have helped me to learn and/or think about myself in a positive way.

| | | | | |
|-------------------|----------|-----------|-------|----------------|
| Strongly Disagree | Disagree | Undecided | Agree | Strongly Agree |
|-------------------|----------|-----------|-------|----------------|

What I like best about these workshops so far is:

One thing I have learned about myself or that I will take away from these workshops is:

How can we improve these workshops?

Additional Comments (Optional):

I give JDI permission to share quotes from this form on its website, in publications, with its donors and supporters, and on social media:

Yes No

Question

- Now, what type of feedback are you hoping to gather?

Questions?



Additional Resources

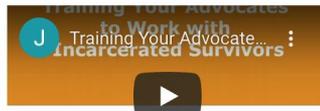
- ValorUS
valorus.org
- Just Detention International
justdetention.org
- PREA Resource Center
prearesourcecenter.org

CA Advancing PREA: Resources for California Advocates

CALIFORNIA ADVANCING PREA: RESOURCES FOR CALIFORNIA ADVOCATES

The below resources were developed by Just Detention International and ValorUS to support California advocates.

Training Your Advocates to Work with Incarcerated Survivors



September 24, 2019
CA Advancing PREA Webconference



This webinar introduces a PowerPoint presentation and facilitators guide to RCC staff who will train volunteers and advocates at their agency about how to best serve survivors of sexual abuse and sexual harassment who are incarcerated.

ValorUS Hub

The Hub is a repository of resources, web conferences, courses, and newsletters for all staff within California's Rape Crisis Centers and community partners.

Here is how you can get started:

- Step 1: Go to The Hub (www.Valor.US/hub)
- Step 2: Create Your Login/Profile
- Step 3: Explore!

